Dear Families,

What a fantastic day we had last Thursday to celebrate Grandparent’s Day. It was terrific that so many grandparents and family members could be here with us to celebrate and share the contributions grandparents make to our families. The look on the children’s faces as they eagerly lined up to have their photos taken with their Grandparents and families clearly showed how much the day meant to them as well as how delighted they were to have their family at school with them on this special day. The opportunity for children to hear stories from a range of people about their school and life experiences in years gone by was certainly one that they will remember for a long time. Thank you all so very much for being with us on this day.

We have received information from Australian Curriculum, Assessment and Reporting Association (ACARA) requesting information on students. The information requested will include de-identified student details such as their gender, date of birth, country of birth, primary language, address and parental occupation. Your child will not be able to be identified directly and ACARA will not pass this information on to any other body. Information from ACARA will be sent out to all parents this week, this will include a web address where more information will be available to you. If you do not wish your child’s details to be included you are asked to notify the office by Wednesday 8th August.

Just a reminder about parking restrictions during the building of the Church. There is no parking inside the school grounds for parents either before or after school unless you have a need to park in the disabled parking bays and have spoken to office staff about this. Drop off in the morning is drop off only, you are not to park in the drop off area and then go into the school to see staff, pay fees or conduct any other business. This severely disrupts the flow of traffic and causes a build up on Bulmans Rd which makes it so much more difficult for others to access the school. Parking inside the grounds of Catholic Regional College is not permitted, this parking is for school staff only. CRC are installing electronic gates so any parents parking inside, if gates happen to be open, will find themselves unable to get out once the gates close. With patience and consideration for others everyone will be able to access the school in a timely manner. Thank you for your co-operation during this time.

Best wishes everyone for a great week.

Carmel Marantelli

PRINCIPAL

Reflection - Moments of Grace

We well know those big moments of grace when we celebrate life’s amazing blessings of love and goodness, but it is the fleeting moments we can so easily miss.

It is the little things we overlook in the hurry and blur of our busy lives: a glance, a word of encouragement from a family member; the sound of laughter; the colour of the sky; the smell of a meal cooking.

The little moments of grace, assumed and presumed, slip quickly through the fingers of our lives. For them we are grateful as we pray; We give thanks for all the daily blessings we sometimes take for granted: May our lives quietly give thanks to you day after day. Through Christ, our Lord. Amen.

St Dominic’s Church

10 Unitt Street, Melton Tel: 9743 6515, Fax: 9747 8603 Email: stdoms@bigpond.net.au

Office Hours: Tuesday - Friday between 10am - 4pm

Mass Times
Saturday Evenings: 6.00pm
Sunday Mornings: 9.00am & 11.00am
Tuesday Evening: 7.00pm at St Dominic’s
Thursday & Friday: 9.15am at St Catherine of Siena

6th - 8th August
Camp for 5/6M, 5/6N & half 5/6P

8th - 10th August
Camp for 5/6 J, 5/6K & half 5/6P

16th August
Art Show 4:00pm - 6:30pm

20th - 24th August
Book Week

25th August
Trivia Night 7:00pm
Student News From Grade 1E,1F,1H

Diary Entries From Grade 1 Chicken Diaries

On Tuesday the chickens are still in their egg and in their incubator. It is 38 degrees and it has some water so the air is dry.
Christian 1H

On Tuesday the eggs are on Day 11. They are still in the egg.
Ashok 1H

On Friday 28 July a lot of the chickens have moved in to the big box.
Ashley Caruana 1E

On Tuesday 24th July
The chickens are still in the eggs they are not chickens yet.
Maddison 1E

On Monday July 30th
The chickens have really grown up.
Mollie Testro 1F

On Friday July 27th
The Chickens really looked grown up.
Talilah 1F
Thank you to everyone who supported our Book Fair this year. We were able to put $750.00 towards the purchase of cameras for use by students in photography workshops.

All orders for Scholastic Book Club need to be in by Aug. 3rd

No Late Orders will be accepted after this date

Theresa Maskell - Library Teacher
Living Well with Asthma: Advice for Parents and Carers

1 in 10 people in Australia have asthma, and people with asthma often rate their health a lot worse and report a poorer quality of life than the general population. Children and adolescents with current asthma are more likely to miss days of school/preschool due to asthma and a key aspect of improving quality of life is ensuring that your child or teenager is able to engage fully in physical activity and social aspects of life and learning.

Good asthma control is:
- Symptom free during the day and during physical exercise, reducing the need for reliever medication
- Symptom free at night, allowing for a good nights rest
- Rarely experiencing asthma attacks or exacerbations
- Preventer medication and devices are being used correctly and as prescribed (eg. on a daily basis)
- Having an asthma action plan to follow, both for the school/preschool and at home, and promptly acting on the plan when asthma symptoms occur

Asthma symptoms are not a normal aspect of life and should be taken seriously. Children and teenagers with poor asthma control should be encouraged to seek assistance, and should visit their GP or respiratory physician for an asthma review as soon as possible.

For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au

TOPIC: HEALTHY SIBLING RELATIONSHIPS
Presenter: Michael Grose
Ages: Primary and Secondary
Raising kids should be a joy, but it’s a hard slog when kids fight and argue every minute of the day. There’s no doubt that sibling rivalry destroys peace and harmony in family life. The GOOD NEWS is that family life doesn’t have to be so hard. In this practical seminar you’ll hear simple, easy-to-use techniques and principles that will help change feuding families into a super-strong team and make your life as a parent easier and happier. In this seminar you’ll discover: How children’s birth order affects their personalities and how best to parent kids in each position

Secrets to reducing competitiveness in kids
- Ways to respond positively when kids fight and argue so that conflict reduces and becomes more manageable
- Key relationship skills kids can learn in their family that will stay for life
- Positive strategies that build strong families
- How kids need to learn to live with each other, even though they may not like each other

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<tr>
<td>Wednesday August 1</td>
<td>7pm – 9pm</td>
<td>St Jude’s – Langwarrin (Ref.Mel.Map 103 J5)</td>
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<tr>
<td>Thursday August 9</td>
<td>7pm – 9pm</td>
<td>St Augustine’s – Keilor (Ref.Mel.Map 14 E4)</td>
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TOPIC: HELPING CHILDREN & ADOLESCENTS MAKE & KEEP FRIENDS
Presenter: Murray Evely
Ages: Primary and Secondary
Can parents help encourage, teach or coach friendship and social competency skills? This seminar will look at the individual needs of children and adolescents in assisting their friendship development.

Friendship and getting along with other people is an important part of any child’s development. For many children and adolescents, making and keeping friends seems to be quite effortless, but for others it can be a challenge. Whether it be shyness, difficulty relating to others, impulsive behaviour or a specific disability – repeated problems with friendship groups can lead children to feel they have no friends, and to feelings of loneliness, isolation and sadness.

Together we will explore some of the key strategies parents can use to help their child achieve greater success with peer acceptance and in making and keeping friendships.

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<tr>
<td>Tuesday August 7</td>
<td>7pm – 9pm</td>
<td>St Mary’s – Ascot Vale (Ref.Mel.Map 28 E9)</td>
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MARRIAGE ENCOUNTER WEEKEND
Married couples, we encourage you to prioritise your relationship. It underpins your family life. Please join us for a Marriage Encounter weekend. Our weekend helps you to remember why you married and gives you skills to maintain your love for each other.
Couples and a priest present the weekend. It is based around catholic values but you don’t need to be catholic to attend. There is no group sharing.
Our weekends in 2012 are: 10-12 August and 12-14 October in Melbourne.
For further information and bookings contact Marianne & Marcel Van den Bronk (03) 9733 0997 or Email vicbookings@wwme.org.au