



# St Catherine of Siena

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## NEWSLETTER

Term 1, Week 2

February 8th 2019

### *Prayer for the New School Year*

Lord, God of all Creation

All new beginnings are a sign of your love for us.

Everything is new or renewed – new calendar, new diary, new hopes and renewed enthusiasm.

In this atmosphere of freshness, help us to look up rather than down, forward rather than back.

Help us to notice people and their needs and to do what we can to help them achieve their full dignity and development as persons.

As the year fills with activities, challenges and difficulties, let our learning continue as we live and celebrate the promise in our Catholic community.

Fill each day with your grace so that in our teaching and learning we may continue to grow in your love. Grant us a wealth of patience, compassion and acceptance for ourselves, our students and for each other.

Help us to face the future with serenity, confidence and courage, and keep us safe and secure.

We ask this in Jesus' name



Dear families

A very warm welcome back to you all for the start of the 2019 school year. I hope that you have all managed to have some wonderful times with family and friends over December and January. To our new families and children across years 1 - 6 who have joined us this year; I hope that you are beginning to settle in and find your way. I know that the other children in your class are eager to get to know you and I am sure they have made you feel welcome. You have come from a range of different schools but you will soon find a special place of your own within our school community. Welcome to you all.

We had 74 Prep children start school last week and they are already beginning to settle in and become familiar with some of the school routines. Within 15 minutes of arriving they were all actively engaged in a task and ready to listen to their teacher's instructions. These children have made pictures of themselves and these are all displayed on the wall in the corridor leading to the Prep rooms. Prep is also a time of anticipation, excitement and anxiety for the parents of our Prep children. You have prepared your children well for this big step and we look forward to working with you over the year as they settle into school life. If at any time you have any queries please do not hesitate to contact your child's teacher.

This year we also have several new staff joining our school community. Welcome to Sarah Prendergast (Prep), Kathy Ly and Karen Meddings (Year 1), Jamien Russell (Year 2), Jacinta Giuliano (Year 3), Vanessa Deluca (Year 4), Jessica Attard and Karen Davis (Year 5), Regita Caruana (Year 6), Donna Thomas (PE), Cinzia DeLuca (LoTE) and Eboni Morrell (Performing Arts & Year 6) We look forward to getting to know you all and hope that your time at St. Catherine of Siena will be a rewarding one.

We have several anaphylactic students who are allergic to a variety of food products; many of these are related to nut products. For these children this is a serious medical condition and requires constant vigilance and prompt action if an anaphylactic reaction occurs. Current advice is that a nut ban is not a recommended action and we do not ban nuts and nut products from school, however we do ask that all parents consider the extreme medical needs of these students when preparing snacks and lunches for their children, or when providing small treats to celebrate birthdays. If you are able to provide nut free alternatives for your children we ask that you do so.

Last Year we began using CareMonkey as a way of having your child's details shared with us so that whilst on an excursion details are available if needed in an emergency. This system also reminds you of excursions and notices and allows you to send back permission digitally. If you have not shared your child's profile with us we ask that you do so as soon as possible. This year all excursion notes will be sent to parents via this program.

Next Friday we have our annual Prep/Year 6 Buddy Picnic. The buddy program is a wonderful one with benefits to both the older and younger child. This event will be held at school commencing at 6:00pm. All families with children in these years are encouraged to attend so that the children can introduce their buddies to you and have some time to get to know each other in an out of school setting. Families will need to bring their own food and picnic rugs etc.

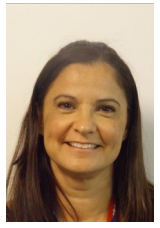
Have a great weekend everyone.

Carmel Marantelli  
PRINCIPAL

### **CURRICULUM FEE**

The curriculum fee for 2019 is \$350 per child. This covers booklists, all incursions and excursions (apart from sports events) as well as art materials, physical education equipment, mathematics equipment, readers and literacy games as well as all other curriculum materials. We ask all parents to pay this fee as soon as possible.

# 2019 Staff



Fr Michael Moody Carmel Marantelli

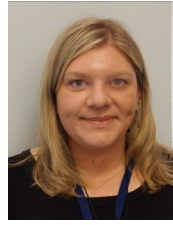
Annette Volkov

Assunta Iacovino

Brittni Summers

Caitlin Walker

Caroline Madigan



Catherine Woodhouse

Cathy Mullane

Christine Kean Ong

Cinzia DeLuca

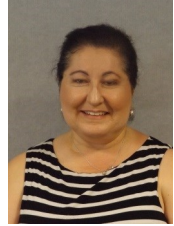
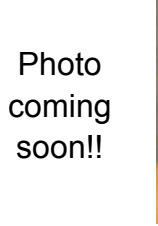
DeAnna Papadopoulos

Dee Tuckerman

Dianne Latter

Deidre O'Reilly

Photo coming soon!!



Donna Thomas

Eboni Morrell

Effie Nikolovski

Genevieve Drew

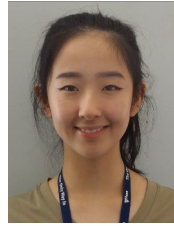
Heather Cunningham

Ian Thorogood

Jacinta Giuliano

Jakleen Hajjar

Photo coming soon!!



Jamien Russell

Jessica Attard

Jodie Russell

Karen Davis

Karen Meddings

Kathy Ly

Kirsty Moore

Kristie Browning



Laura Pepper

Leeanne Minihan

Lisa Connolly

Lisa Nolan

Mandy May

Margaret Bastiaan

Megan Humphries

Mel Anderson



Rachel Simmons

Regita Caruana

Sarah Prendergast

Sarah Terrill

Seona Payne

Sharni Thomas

Stephanie Downey

Susan Aquilina



Theresa Maskell

Tracie Stewart

Tracey Taylor

Trish Morrison

Vanessa Deluca

# Some reminders as we begin the 2019 school year:

## School Uniform

All children are required to wear their **correct summer uniform at all times** this term. The uniform shop will be open on a Monday and Wednesday from 8:30am - 9:00am. The uniform shop is now located in the hall in the office next to the school canteen. Presentation in the correct uniform, with clean shoes and tidy hair expresses pride in our school and upholds the standard of our school. A note is required if a child is out of school uniform. Long hair must be tied up with a school scrunchie, dark hair tie and/or yellow or blue ribbon should be used. Ribbons and bows should be small and not excessive. Children are not to wear nail polish to school or wear jewellery, with the exception of plain sleepers or studs.

## Hats

All children are required to wear a **school hat** from August each year through until the end of April whilst outside during recess, sport or other activities. Students without a hat will be required to stay inside at the first aid area. Hats can be purchased from the uniform shop.



## Canteen

This year our canteen will be run by Mrs Judy Fogarty. The canteen will be open on a Monday, Tuesday, Thursday and Friday and be open at both recess and lunchtime on these days. A new 2018 menu has been sent home to all families.



## Punctuality

All students are required to be at school prior to the first bell. Being at school before the bell is important as it enables your child to develop social relationships with others. Coming in after the bell is not only disruptive for your child who has missed the commencement of the school day, messages and learning activities but is also distracting for the other children who are already engaged in their learning. If children are leaving school early they need to be picked up by a parent or guardian and must be signed out at the school office. Children will not be called to the office after 3:00pm.



## Attendance

If your child is unwell it is important that they stay at home to recover and are not sent to school where others may then become sick as well. If your child is sick, it is a legal requirement that a note is given to their teacher, once they return to school, stating the reason for the absence. You can also alert the school of your child's absence through the Skoolbag app. These notices are kept as a formal record in the same way as a written note would be.

## School Visitors

When visiting the school all parents and visitors must enter through the office, sign in and receive a **visitors pass which must be worn throughout your visit**. The wearing of the lanyard allows children and staff to recognise that you are an authorised visitor and the register is used in an emergency to determine who is in the school; so it is vital that you do follow these procedures.



## Before School

Supervision of the yard before school does not commence until 8:30am. It is important that children are not dropped off and left at school prior to this as there is no active supervision prior to this time. The adventure playground is out of bounds to all students and toddlers, even if parents are present, both before and after school.

## After School Supervision

There are four teachers on duty after school, on the basketball court, entrance gate, park gate and pedestrian crossing area. Children who are walking home or meeting parents are to leave school promptly by the gate closest to where they are going. Children waiting to be picked up are to wait for parents on the basketball court, in front of the church or at the entrance gate—all of these areas are supervised by teaching staff. Children are not to wait in the office between 3.15pm and 3.30pm as this area is very busy at this time and office staff are unable to supervise children while they wait. Any child who has not been collected by 3.30pm will be brought into the office by duty staff and parents will be called. Children not picked up by 3:45pm will be taken to OSHClub by a staff member and signed in. Parents will then need to collect their child from OSHClub. Parents are responsible for fees charged by OSHClub. Children who attend After School Care Programs offsite wait at the yellow seats for their bus and carer to arrive.

## Running Late

If you are running late and your child meets you in a place that is not supervised by staff we ask that you call the office. Your child will be asked to wait with the staff member on the basketball court until you arrive. If you have not arrived by the time the duty ends they will then be brought into the office.



## Parking

There is **no parking** in the school grounds either before or after school. The drop off zone will continue to operate at the front of the school each morning before school. This area will be supervised each morning between 8:30am and 9:00am.

## OSHClub

OSHClub continues to run each morning and afternoon onsite to care for children whose parents pick them up and drop them off outside of school hours.

### Parish Of Melton Office

10 Unitt Street, Melton

Tel: 9743 6515, Fax: 9747 8603

Email: stdoms@bigpond.net.au

Office Open: Tuesday - Friday 10am-4pm

### Mass Times - St Catherine of Siena

Wednesday: 9.15am

Tuesday Evening: 7.00pm

Saturday Evening: 6.00pm

Sunday Morning: 9.00am & 11.00am

Sunday Evening: 5pm

### Reconciliation

Saturday : 5.30pm- 5.45pm

### Mass Times - St Dominic's

Thursday - Friday : 9.15am



### Uniform Shop

The Uniform Shop is located in the school hall and will be open every Monday and Wednesday morning from 8:30am - 9:00am. Uniform order forms can be collected from the school office or Uniform Shop.

**\*\*The uniform shop accepts cash payments only\*\***

### Canteen News

The school canteen is open every Monday, Tuesday, Thursday and Friday for lunch orders and over the counter sales.

*The canteen is closed on Wednesdays.*

### Scholastic Book Club

Dear Parents/Guardians,

Welcome back to another school year.

Bookclub has gone out to all children this week with an attached note explaining the due date, Friday, 23rd February and procedures for ordering should you wish to do so.

Thank You

Theresa Maskell

**BookClub Co-ordinator**



### St Catherine of Siena Swimming Sport Trials

The Melton Schools swimming carnival is on **Tuesday, 26th February**. Students who wish to try out for this carnival will need to attend the swimming trial on **Wednesday, 13th February** at Melton Waves Leisure Centre.

Trials will be held for children in age groups 9/10, 11, 12/13 year olds.

Students can trial for freestyle, breaststroke, backstroke & butterfly events.

Children must be able to swim the length of a 50m pool without stopping.

Parents will need to take their child to the pool, stay to supervise them and take them to school afterwards.

Where: Melton Waves Leisure Centre, Coburns Road.

When: Trials Wednesday, 13th February at 7.00am.

Cost: Entry fee payable to Melton Waves.

Brittni Summers

Physical Education Teacher



### Anaphylaxis and Asthma Plans

Could all parents of students with Anaphylaxis or Asthma please make sure you have provided the school office with an updated 2018 action plan.

### CRC Melton Year 7, 2021 Enrolment Applications

Catholic Regional College applications for Year 7, 2021 will open on Monday, 18th February 2019. It is anticipated that application forms will be given to current Year 5 students on 14th or 15th of February.

All enrolment procedures must be met prior to your child being offered a place at Catholic Regional College.



## PFA Meeting

Please join us for the first Parents and Friends meeting for 2019. The meeting will be held on Monday, 11th February at 9:00am in the staffroom. All are welcome!

## Breakfast Club

At St Catherine's we recognise that good nutrition supports good learning. We also know that breakfast is an important step in preparing for a productive day. Children who have eaten breakfast can concentrate better and have a longer attention span, helping them to learn better. They can also perform better physically after eating breakfast as there is more energy available to their muscles. Breakfast can improve behaviour and mood, as children have better concentration and aren't tired or hungry.

The St Vincent de Paul Society will be sponsoring a Breakfast club for St Catherine's students who do not have the opportunity to eat breakfast at home.

To start with, Breakfast Club will run on Tuesdays only. It will be staffed by SVDP volunteers and school staff.

**When :** Breakfast Club will start on Tuesday, 12th of Feb

**Where:** Junior foyer

**What:** Toast and milk

**Time:** 8:30 - 8:45am

**Cost:** Free



## Parent Helpers

This term, there will be an opportunity for parents and carers to train as a classroom helper. The 30 minute session will help you gain an understanding of the variety of learning experiences students engage with every day and how you can be part of this. It will train you in providing support for small groups of students and also enable you to act as a role model when working with students in class.

We will be offering a choice of two sessions;

- **Friday, 22nd February at 9:00am**

Or

- **Friday, 22nd February at 2:30pm**

The classroom teachers look forward to having helpers in the classroom. It is an opportunity to share in the educational development of your child. If you have any questions about the session, please contact the school. A form regarding these parent sessions will be sent home shortly.

***Please note that if you completed this session last year there is no need to attend a session again this year*** however, you will still need to send back the form if you wish to assist in classrooms.



## Welcome to the 2019 school year!

I am sure the New Year has brought upon lots of different emotions for students, staff and parents. It has been lovely to see the classrooms being prepared and watching the children gather in their new learning spaces with new friends and teachers this week. We have many new faces at St Catherine of Siena and it has been fantastic to see all the familiar faces welcome our new comers.

During Circle Time relationships have been developed and children and teachers have listen to each other about their holidays, their goals for the year and of course establishing expectations.

This week an article in *Parenting Ideas*, *Michael Grose* has suggested **7 ways to make a sensational start to the year.**

parenting \* ideas  
**insights**



A new school year means a fresh start for students. Regardless of your child's performance last year, they start school with a clean slate. A break offers students the chance to begin new habits and adopt new behaviours.

Here are seven ideas to help you make the most of the fresh start and make this year your child's best year ever year at school:

### **1. Commit to your child going to school every day on time**

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day – and gets there on time. Kids spend more time asleep than at school, so we need to maximise every day to get full value.

### **2. Help kids start each day well**

A good night's sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time to get up, eat and get ready for the day. Consider taking a leaf out of the book of a friend of mine who gets her children to make their beds each morning which sets the tone for a productive day ahead.

### **3. Establish work & study habits**

The most successful students are those that develop regular study habits that suit their lifestyle, their study style and their school's expectations. Find out the work expectations from your child's or young person's school and help them establish a work routine that matches their personality, lifestyle and family style. Be flexible here as one size doesn't fit all when it comes to study routines.



Continued.....

#### **4. Make sure your child gets enough sleep**

I encourage you to make sleep a big focus this year as many children and young people are sleep-deprived, which impacts on their well-being and their learning. A good night's sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bed-time and get-up time each day. Have 45 minute wind-down time each night, and remove screens and mobile phones from bedrooms.

#### **5. Get your kids outside more for good physical and mental health**

Kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage kids to play sport; promote free and active play and look for ways to make moving part of their daily lives. Consider increasing your child's green time and decreasing screen time for good physical and mental health.

#### **6. Focus on being friendly**

Schools are very social places requiring kids to negotiate many different social situations each day. Encourage kids to be open and tolerant; to be friendly; to be involved in plenty of activities and to be social risk-takers. Some kids close down their friendship opportunities through self-centredness, poor attitude and unwillingness to take social risks.

#### **7. Develop self-help skills**

Successful students are often well-organised, self-directed and self-motivated. You can foster organisational skills and self-direction by developing simple, age-appropriate self-help skills related to their everyday lives. Also use visual parenting techniques (outlined in [Spoonfed Generation](#)) to aid organisation and encourage independence. Such skills as making lunches, packing school bags, and organising after school schedules can be great lessons that impact on how kids perform at school.

At the start of the school year kids are more likely to adopt changes than at any other time. Make the most of the opportunity by focusing on two or three areas to really target and you'll find that the rest may well fall into place.

Have a great week and I look forward to working with the families of St Catherine of Siena in 2019.

*Kristie Browning*

*Wellbeing and Learning Diversity Leader*

# CONGRATULATIONS

Congratulations to the following children who all received a class award this week and last week.  
Awards for this week were presented at our afternoon assembly today.

Keep up the terrific effort!!

## Week 1 Awards

Prep A - Chelsea Griffiths

Prep B - Ava Vukcevic

Prep C - Annabelle Borg

Prep D - Alivia Stead

1E - Madeline Watts

1F - Alexia Zannikos

1H - Summer-Jade Kors

2G - Erica Dranca

2I - Samaria Tuloto Tuputala

2J - Anamaria Tuloto Tuputala

3K - Anthony Grima-Heath

3L - Thomas Wright

3N - Celia Bui

4Q - Rhianna Garcia

4S - Whole Class

4U - Ayden Brown

5R - Jessica Monteagle

5V - Tupo Tuputala

6M - Benjamin Fry

6O - Elyse Stancic

6P - Shukuru Balebanga

LoTe - Class 2J

## Week 2 Awards

Prep A - Charlize Mannix

Prep B - Sean Magro

Prep C - Braxton Vella

Prep D - Liam Morris

1E - Austin Brown

1F - Patrick Bui

1H - Akon Yai

2G - Jessie Sare

2I - Harry Sliwa

2J - Adam Dreaver

3K - Foketi Tuputala

3L - Violet Suraci

3N - Brock Cahill

4Q - Veronica Abela

4S - Zachary Quijano

4U - Annalee Torney

5R - Lui Westerlund

5T - Alec Mangok

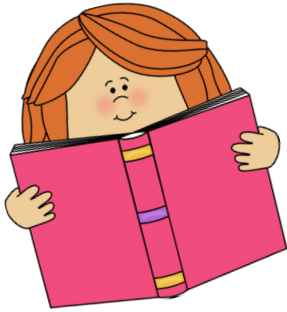
5V - Lauren Linton

6M - Max Turnbull

6O - Charlee Bugeja

6P - Marydina Kakinda





St Catherine of Siena  
Regular Readers Club  
is back in 2019!



"Reading is the key to learning"

Every time your child reads, they are helping their learning and we want to acknowledge the students who regularly practise reading in their own time.

Each time your child reaches a regular reading milestone (recorded and signed in their reading journal or diary) they will be granted membership to the next level of the St Catherine of Siena Regular Readers Club. Club members names will be displayed on the Regular Readers Club Honour Roll and new members will be publicly acknowledged on a regular basis.

See your child's teacher for more details on how to participate.



# DO YOU HOLD A VALID HEALTH CARE CARD OR PENSION CARD?

## IF SO, YOU MAY BE ELIGIBLE TO RECEIVE THE CSE [CAMPS, SPORTS AND EXCURSIONS] PAYMENT

- ALTHOUGH THE SCHOOL PROCESSES THE APPLICATION, IT IS THE RESPONSIBILITY OF THE CARD HOLDER TO APPLY AND SUBMIT THE FORM WITH A COPY OF YOUR CARD BY **MONDAY, JUNE 25 2018**



**Australian Government**  
Department of Human Services

**Health Care Card**

**TASMANIA**

Expires **21 JAN 201X**

CUSTOMER NAME  
CUSTOMER ADDRESS 1  
CUSTOMER ADDRESS 2  
CRN 111-111-111A

PARTNER NAME  
DEPENDENT 1  
DEPENDENT 2  
DEPENDENT 3  
DEPENDENT 4  
DEPENDENT 5

CARD START 22 JUL 201X LI

Signature of cardholder

*This card is NOT transferable* [humanservices.gov.au/healthcarecard](http://humanservices.gov.au/healthcarecard)

Issued by the Australian Government Department of Human Services on behalf of the Department of Families, Housing, Community Services and Indigenous Affairs



**Keep this card with you**

This card should be used when claiming concessions provided by Australian Government and state and territory governments and accounts from some private providers.

Eligibility for state, territory and private provider concessions is determined by the concession provider.

**Important**

- This card cannot be used after its expiry date or if you have been told by us to destroy it.
- This card is not transferable.
- You must advise us within 14 days of any changes to your circumstances that are likely to affect your entitlement to this card.

SS357.1204



**Australian Government**  
Department of Human Services

**Pensioner Concession Card**

Signature of cardholder

*This card is NOT transferable* [humanservices.gov.au/pensionercard](http://humanservices.gov.au/pensionercard)

Issued by the Australian Government Department of Human Services on behalf of the Department of Families, Housing, Community Services and Indigenous Affairs



**VICTORIA**

Expires **31 AUG 201X**

CUSTOMER NAME  
CUSTOMER ADDRESS

CRN 111-111-111A

PARTNER NAME  
CHILD ONE 111-111-111A  
CHILD TWO 111-111-111A  
CHILD THREE 111-111-111A

Card start 01 Jan 201X DSP

## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

### Parent/legal guardian details

Surname \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

Town/suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_

Contact number \_\_\_\_\_

Centrelink pensioner concession **OR** Health care card number (CRN)

-  -  -  **OR**

Foster parent\* **OR**  Veterans affairs pensioner

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

# ST LUKES TIMETABLE 2019

## **INFORMATION AND ENROLMENT NIGHT FOR ALL SACRAMENTS THURSDAY 14TH FEBRUARY, 2019**

Venue: St Catherine of Siena Church – Bulmans Rd, Melton West

Time: 7:00pm - 8:30pm SHARP

### *SACRAMENT OF PENANCE*

Thursday, 21st February

Thursday, 28th February

Presentation of Penance Candidates

Weekend 2nd March / 3rd March at all Masses

Thursday, 7th March

Thursday, 14th March

Thursday, 21st March

*Celebration - Sacrament of Penance - Thursday, 28th March 2019 at 7:00pm*

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### *SACRAMENT OF EUCHARIST*

Thursday, 2nd May

Presentation of Eucharist Candidates

Weekend 4th / 5th May at all Masses

Thursday, 9th May

Thursday, 16th May

Thursday, 23rd May

Thursday, 30th May

Thursday, 6th June

Thursday, 13th June

*Celebration – Sacrament of Eucharist - Saturday, 15th June 2019 at 2:30pm*

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### *SACRAMENT OF CONFIRMATION*

Thursday, 22nd August

Presentation of Confirmation Candidates

Weekend 24th August / 25th August at all Masses

Thursday, 29th August

Thursday, 5th September

Thursday, 12th September

Thursday, 19th September

Thursday, 10th October

Thursday, 17th October

Thursday, 24th October (PRACTICE)

*Celebration - Sacrament of Confirmation - Sunday, 27th October 2019 at 3:30pm*

## 2019 Specialist Timetable

	Sport	Performing Arts	Art	LoTE	Kitchen Garden
<b>Tuesday</b>	2G, 2I, 1E, 1H, Prep D	2J, 2G, 1H, 1F, Prep B		2I, 2J, 1F, 1E, Prep A	
<b>Wednesday</b>	6O, 5R, 5T, 1F, 4U, 3L, 3N, 3K, 2J	6O, 6M, 5V, 5R, 1E, 4S, 3K, 3L, 3N, 2I	6P, 3N, 3K, 3L, 2G	6M, 6P, 5T, 5V, 1H	Year 4
<b>Thursday</b>	4Q, 4S, Prep A, Prep B, 6P	4U, 4Q, Prep C, Prep D	5R, 5T, 5V, 2J, 4U, 6O, 6M, Prep D, Prep A, Prep C	4S, 4U, Prep B, Prep C, 3N, 3L, 3K, 2G, 4Q	
<b>Friday</b>	5V, 6M, Prep C	5T, 6P, Prep A	4S, 4Q, 2I, 1H, 1E, 1F, Prep B	5R, 6O, Prep D	

**For Sport and Performing Arts, all children need to wear their Sport Uniform. Runners are only to be worn on Sport and Performing Arts days.**

**For Art, all children need to wear an art smock. This needs to be waterproof so that paint etc. does not damage children's uniform.**

## Term 1 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
11    Week 3 *PFA Meeting 9am *Swimming Program Yr 4 - 6	12 *Breakfast Club Begins *Swimming Program Yr 4 - 6	13 *Preps not at school today *Swimming Trials @7:00am	14 *Swimming Program Yr 4 - 6	15 *Swimming Program Yr 4 - 6 *Prep/Buddy Picnic 6pm - 8pm	16	17
18    Week 4 *Monday morning assembly *Swimming Program Yr 4 - 6	19 *Swimming Program Yr 4 - 6	20 *Preps not at school today	21 *Swimming Program Yr 4 - 6	22 *Swimming Program Yr 4 - 6 *Parent Helper Sessions @ 9am & 2:30pm *Assembly in school hall @ 2:30pm	23	24
25    Week 5	26 *MPSSA District Swimming Carnival *Prep Partnering with Learning Session @ 2:30pm	27 *Preps not at school today	28	1 March *Yr 6 Interschool Sports Round 2	2 *Presentation Mass for Reconciliation	3 *Presentation Mases for Reconciliation
4    Week 6 *Monday morning assembly *Preps at school 5 days	5	6 *Ash Wednesday Mass @ 2pm	7	8 *Yr 6 Interschool Sports Round 3 *Assembly in school hall @2:30pm	9	10 1st Sunday of Lent
11    Week 7 <b>Labour Day</b>	12	13	14	15	16	17 2nd Sunday of Lent
18    Week 8 *Monday Morning Assembly *CRC Melton Yr 7, 2021 applications open	19	20	21	22 *Yr 6 Summer Lightening Premiership *Assembly in school hall @2:30pm	23	24 3rd Sunday of Lent
25    Week 9 *Parent/Teacher Interviews 8 - 8:30am	26 *Parent/Teacher Interviews 8 - 8:30am	27 *Parent/Teacher Interviews 8 - 8:30am	28 *Parent/Teacher Interviews 1:30pm - 8pm	29	30	31 4th Sunday of Lent
1 April Week 10 *Monday morning Assembly	2 *Reconciliation @ 7pm	3 *Reconciliation @ 7pm	4 *Reconciliation @ 7pm	5 *Last day of Term 1 - Students dismissed @1:30pm	6	7 5th Sunday of Lent

# St. Catherine of Siena



## CANTEEN MENU - Term 1 2019



- To order:**
- \* Child's name, grade & order to be written clearly on a lunch bag with money enclosed
  - \* If a lunch bag is required, please include an extra 10c
  - \* Please indicate on lunch order if tomato sauce/mayo/soy sauce is required
  - \* No icy poles or frozen foods to be ordered with lunch order

The canteen is open Monday, Tuesday, Thursday and Friday



Indicates approved "GREEN" category (EVERYDAY) foods as based on the "Dietary Guidelines for Children & Adolescents in Australia". All other foods listed are "AMBER" category (select carefully).

All menu items are Healthy Kids registered or Canteen approved products.

COLD FOOD		Sand	Roll
😊	Vegemite	2.00	2.50
😊	Cheese (lite)	2.00	2.50
😊	Cheese & Vegemite	2.50	3.00
😊	Egg & Lettuce	2.50	3.00
😊	Tuna	2.50	3.00
😊	Ham	2.50	3.00
😊	Ham & Cheese	3.00	3.80
😊	Chicken, Lettuce & Mayo	3.50	4.00
😊	Fresh Chicken	3.00	3.50
😊	Ham/Tuna/Chicken & Salad	3.80	4.30
😊	Salad (lettuce, tomato, carrot, cheese, cucumber)	3.50	4.00
😊	Boiled Egg		1.00
😊	Cold Chicken Wrap (Chicken, mayo & lettuce)		3.80
😊	Salad Wrap		3.80
😊	Meat & Salad Pack Choice of Chicken, Ham or Tuna with lettuce, carrot, tomato, cheese, cucumber, ½ egg, bread & butter all in a container with a fork.		4.60
😊	Salad Pack As above without meat		4.00

**Extras 20c ea and for Toasted Sandwiches add 30c**

All sandwiches made on white hi-fibre bread. Multi-grain also available.

All spreads are low-fat.

DRINKS	
😊	Fruit Juice (Orange or Apple) 2.20
😊	Water 600ml 2.00
😊	Nippy's Milk (Chocolate or Strawberry) 2.50
	Focuswater 350ml (Raspberry, Blackcurrant) 2.30
	Quench Fruit Springwater 350ml (Cola, Apple/Raspberry, Blue Heaven) 2.30
FRUIT	
😊	Seasonal Fruit as available 1.00

### COUNTER SALES ONLY

ASSORTED ICY POLES

FROM \$1.00

HOT FOOD	
	Hash Brown (oven baked) 1.00
	Party Pies 3 for \$3.00 or \$1.20 ea
	Meat Pie 4.00
	Jumbo Sausage Roll 3.20
	Hot Dog & no sauce 3.50
	Hot Dog & sauce (Cheese extra .30c) 3.80
😊	Buttered Corn Cobette 1.00
	Potato Wedges (Sour Cream extra .30c) 4.00
😊	Chicken Nuggets 4 for \$3.00 or \$1.00 ea
	Steamed Dim Sims 1.00
	Cheeseburger (Beef pattie, cheese & sauce) 4.50
😊	Chicken Burger (with lettuce & mayo) 4.50
😊	Hot Chicken Roll (Mayo extra 30c) 3.50
	Hot Chicken Wrap (with mild salsa & cheese) 4.00
😊	Lasagne 4.00
😊	Macaroni & Cheese 4.00

- \* Paper Bags – 10c extra
- \* Tomato Sauce – 30c extra



SNACKS	
😊	Mini Muffins (Blueberry or Chocolate) 1.30
	Mamee Noodle Snacks (Chicken) 1.00
	Red Rock Chips (Honey Chicken or Plain) 1.50
😊	Delites 0.90
	JJ's (Chicken or Pizza) 1.20
	Mixed lolly bags 50c or \$1.00
	Ovalteenies 1.00



# ST CATHERINE OF SIENA PRIMARY SCHOOL

## - SUMMER UNIFORM ORDER FORM -

- Terms 1 & 4 -

Parent Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_

### BOYS - Daily, except sports days

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
POLO SHIRT - Short Sleeve								\$25.00	
SHORTS - Navy								\$22.00	

### GIRLS - Daily, except sports days

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
DRESS - CHECK								\$46.00	

### BOYS & GIRLS - SPORTS DAY

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
SPORTS SHORTS - BOYS & GIRLS								\$18.00	
SKORT - GIRLS								\$20.00	

### Miscellaneous for both boys & girls

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
POLO SHIRT - Short Sleeve								\$25.00	
WINDCHEATER								\$35.00	
HAT - Bucket	S		M		L		XL	\$12.00	
HAT- Slouch with safety string	S		M		L		XL	\$15.00	
ART SMOCK	S		M		L			\$17.00	
SCHOOL BAG								\$40.00	

TOTAL ORDER AMOUNT	
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#### Presentation of Uniform:

All students are expected to wear the prescribed school uniform, at all times.

Black shoes are to be worn daily, except on sports days - runners are to be worn.

Socks - navy.

Jewellery: a watch can be worn. Earrings are to be plain studs/small sleepers only.

Hair - long hair to be tied up in black/brown hair-tie, with or without a blue/yellow ribbon.

No Nail polish.

UNIFORM SHOP IS OPEN EACH MONDAY AND WEDNESDAY MORNINGS BETWEEN 8.30AM - 9.00AM  
PAYMENT BY CASH & PAID IN FULL AT TIME OF ORDER

# CareMonkey

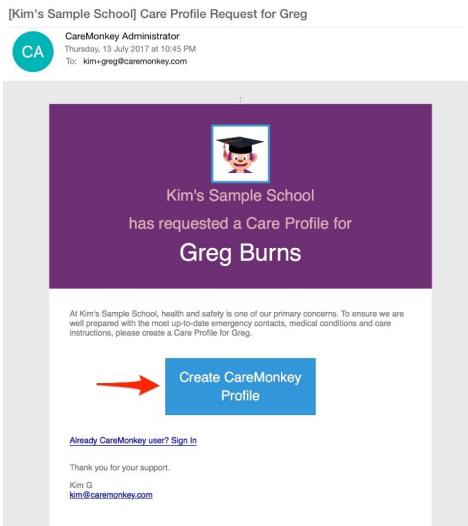
## How does a User create and share a Care Profile?

There are two ways Profile Owners (i.e., parents, adult club members, adult participants, employees, etc.) can create a Care Profile:

- Creating a profile by using the invitation sent by the organisation
- Creating a profile directly on the CareMonkey website

### CREATING A PROFILE BY USING THE INVITATION SENT BY THE ORGANISATION

1. When an Organisation requested you to create a profile, an email invitation will be sent to you



2. Click on **Create CareMonkey Profile** and fill out the form.

CareMonkey

Sign Up for Asia Pacific Region

I have authority to provide details for For Email

I am this person's  
Mother

Your name\*  
eg. John Smith

Your email address\*  
[Redacted]

Password\*  
Choose a new password

Password confirmation\*  
Must match with password

Your mobile phone number  
eg: 0410 123 123

Country  
Australia

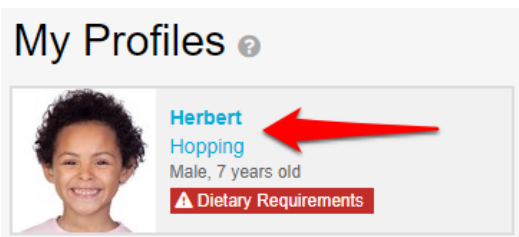
State  
Victoria

Timezone\*  
(GMT+11:00) American Samoa

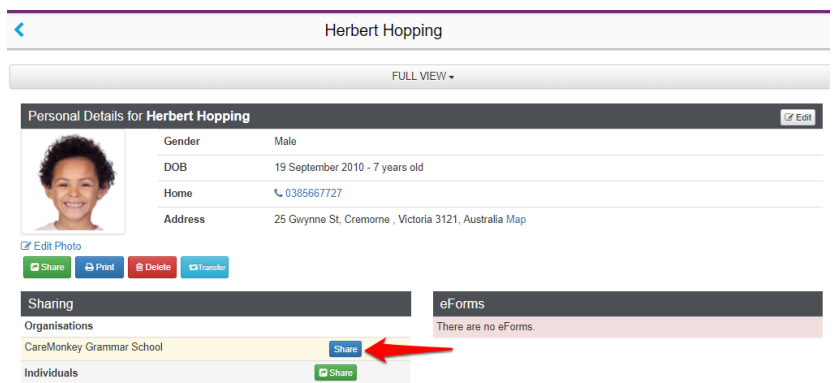
By clicking 'Sign Up' you agree to the [Terms of service](#) and [Privacy policy](#)

[Sign Up](#)

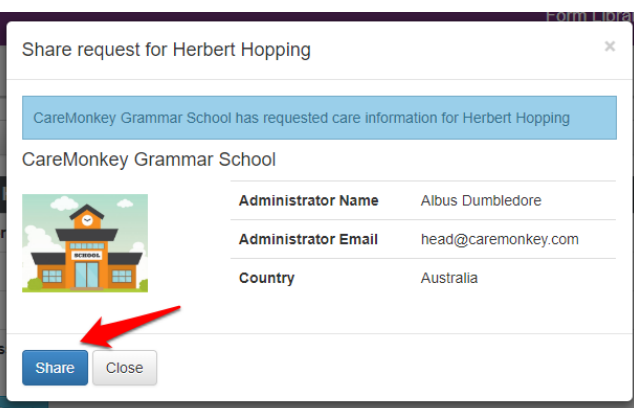
3. Once profile has been created click on the profile name or photo.



4. You will see a list of the organisations with pending sharing requests in the **Sharing** section. Simply click on **Share** to give view access to that organisation.



5. Click **Share** in the confirmation window that will pop-up.





**The memories we've made at  
St. Catherine's Melton  
OSHClub 😊**

# St. Catherine of Siena OSHClub

**OUTCOME 4: Learning – The children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.**



**We have love playing with the animals  
in the nature area**

Welcome back for 2019! What a great year we have planned for you and your child! Please feel free to pop in for a quick visit and chat, we would love to have you join us! Satwinder and Luke have a combined total of 10+ years working with children and can't wait to work with you and challenge your children to be great! Over the last week we have spent time learning about summer including what we can take to the beach and SunSmart safety.

Children can ONLY ATTEND when and if they have an ENROLMENT for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit [www.oshclub.com.au](http://www.oshclub.com.au) Have a great Holidays!

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a FREE OSHClub account by visiting our website [www.oshclub.com.au](http://www.oshclub.com.au).

**\*\*IMPORTANT\*\*** Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.



**We love playing games: Trouble is  
one of our favourite games to play!**

## OSHClub St. Catherine's Melton Team

**FRIENDLY REMINDERS:** If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. **There is a \$2/minute fee for each child that is picked up after 6:30pm.**

### Week 3 Term 1 Activities

### Week 3 Term 1 Menu

DAY	BSC	ASC
MONDAY 11.02	Rainbow Creations and Red Light Green Light	Rainbow Creations and Markers Up
TUESDAY 12.02	What is a Colour Wheel? And Musical Statues	What is a Colour Wheel? And Hospital Tag
WEDNESDAY 13.02	Marble Painting and Night at the Museum	Marble Painting and Colour Tiggy
THURSDAY 14.02	Valentine's Day Cards and Silent Ball	Valentine's Day Cards and Simpsons
FRIDAY 15.02	Beading and Tap Tap Ball	Beading and Play Ground Tiggy

BSC	ASC
Children have a self-serve breakfast consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and weet bix), fresh milk, soy milk etc.	Salada's with Spreads
	Vegemite Scrolls
	Yoghurt and Muesli
	Chicken Flavoured Noodles
	Crackers and Dip
<b>NOTE:</b> All after care meals are served with a range of fresh seasonal fruit and vegetables.	



**We enjoy using different materials to  
make and build things like LEGO,  
DUPLO and Straws**



## We are SunSmart - a note for families

Too much UV can cause sunburn, skin and eye damage and skin cancer.

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia.

You can't see or feel the sun's UV so don't be fooled. Whatever the weather, if the UV levels are three or more, it's important to **Slip, Stop, Slap, Seek** and **Slide!**

Our school aims to protect children and staff from too much UV to help minimise future skin cancer risk. We are a registered member of the Cancer Council Victoria's SunSmart Program. Please help support our SunSmart membership by ensuring your child follows the SunSmart measures included in our policy.

**During the daily local sun protection times (issued whenever UV levels are 3 and higher), use these 5 SunSmart steps – even if it's cool and cloudy.**

1. **Slip on a shirt** - for free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.
2. **Slip on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen** – apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to be reapplied throughout the day. Sunscreen should be reapplied every two hours. Please ensure they get plenty of sunscreen application practice at home so they'll be all set when they are at school.

3. **Slip on a hat** – one that protects the face, neck and ears such as a broad brimmed, legionnaire or bucket style hat. Peak caps do not offer enough protection and are not recommended by SunSmart. Please help your child remember to bring and wear their approved hat.
4. **Seek shade** – choose shady spots for play whenever possible.
5. **Slide on some sunglasses** - if practical and approved by the school. Make sure they are labelled AS 1067 and cover as much of the eye area as possible.

### Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at [sunsmart.com.au](http://sunsmart.com.au) and as a free SunSmart app. Sun protection times can also be found at the [Bureau of Meteorology website](http://Bureau of Meteorology website) and live UV levels are available from [ARPANSA](http://ARPANSA).



Further information contact SunSmart  
P: 03 9514 8419  
E: [sunsmart@cancervic.org.au](mailto:sunsmart@cancervic.org.au)  
W: [sunsmart.com.au](http://sunsmart.com.au)

**Need information in another language?**  
Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language.