



# St Catherine of Siena

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## NEWSLETTER

Term 2, Week 3

May 10th 2019

### A Mothers' Prayer

I breathe in the daily frustrations  
small as they are, big as they can seem  
I breathe out patience for us all.

I breathe in the loneliness  
of days spent mothering on our own  
I breathe out connection  
community, compassion.

I breathe in the brokenness  
not being enough in the world  
I breathe out wholeness  
leaving ideals behind, truth.

I breathe in the exhaustion,  
the worry, the fear  
I breathe out the calm energy, excitement.

I breathe in the rage  
at your plight, your place, your life  
I breathe out peace  
contentment, courage.

May God bless all mothers, grandmothers  
and all who fulfil a mothering role in the lives  
of children.  
Amen



Dear Families,

Mother's Day gives us the opportunity to acknowledge and express gratitude for mothers, grandmothers and all who fulfill a mothering role in the lives of children. I hope you all enjoy this very special day with family and loved ones.

### NAPLAN 2019

The NAPLAN assessments for our Year 3 & 5 students will be held on May 14th, 15th & 16th. These national tests will assess student achievement in both Literacy and Numeracy.

- ♦ Literacy: Reading, Writing and Language Conventions (which is spelling, grammar and punctuation).
- ♦ Numeracy: Number, Algebra, Function and Pattern, Space and Measurement, Chance and Data.

It is anticipated that all children in Year 3 & 5 will complete these assessments unless they are exempt or parents choose to withdraw them. Children can only be exempt if they have been in Australia for less than 12 months and have yet to acquire adequate English **OR** if they have a learning difficulty which would compromise their ability to complete the assessments independently. Parents and guardians can choose to withdraw their children for a number of other reasons. If a child is exempt and their parents would prefer that they not sit the tests or if parents/guardians choose to withdraw their child from sitting these tests, a signed parental authority must be obtained and retained at school. If you have any questions regarding the NAPLAN tests, or about your child sitting these tests, please see your child's classroom teacher. Results from these assessments will be available to parents later in the year. **It is essential that parents keep the NAPLAN assessment in a safe place when it arrives as Secondary schools often ask for this when enrolling students for Year 7.**

### Enrolments for 2020

Enrolments for 2020 are now open. All siblings of current students, as well as new enrolments, are required to submit an enrolment application. Please read more information about this on page 3 of this newsletter.

Best Wishes for a great weekend

Carmel Marantelli

**PRINCIPAL**

### School Closure Day

To assist you with planning supervision for your children please note that the school will be closed on

**Friday 31st May**

On this day all staff will be involved in preparing for our School Review which is due to take place in June.



It is important to remember that next week our Yr 3 and 5 students will be completing the NAPLAN. Many students (and parents) feel anxious around 'testing times'. They want to perform well and are aware that they will be evaluated. Parents also want their children to do well.



Parents and teachers can do several important things to reduce the anxiety children may feel at test-time.

### **Encourage preparation**

By establishing useful study habits, children can be well prepared for testing time. These habits include creating a routine, reviewing learning, incidental quizzing, and minimising other distractions (especially media and screen time).

### **Reconsider what success means**

Pressure can be helpful for performance to a certain extent, but when the pressure gets too much it can override the ability to think, learn, process, and respond the way we need to.

While doing well is beneficial and can boost confidence, too much pressure can make doing well too hard. Let children know that you have trust in their ability **to do their best**, but that you will be proud of them – and love them – irrespective of their performance on the test. You might say something like:

"What matters most to me is that you are learning and enjoying school."

"Your test result is not as important to me as whether you are happy, healthy, and have good friends."

"I know you've tried hard, and I'm going to love you no matter what the outcome is."

While you are not excusing poor performance, letting your child know that he or she is much more than a number on a test can reduce the pressure she or he will feel going into a test.

### **Don't offer rewards or bribes, or make threats and punishments**

As soon as we suggest extrinsic motivators (whether positive or negative) we increase the pressure on children. Some children give up straight away. They simply don't believe that they can do what we want them to do (or they don't want it themselves). Some children work really hard, but still miss out. Providing a reward on a result can be de-motivating. Some children, will, of course achieve the reward. But this begs the question, have they learned for the love of learning, or for the reward? Research suggests that rewards actually reduce motivation for the task (study), but increase motivation to get rewards!

Instead, you might surprise him or her with a treat as a congratulations. This unexpected gift of appreciation means there is no pressure before the test.

*This information was gained by an article was written for Kidspot by Justin Coulson, Ph. D. Justin is a relationships and parenting expert, author and father of five children.*

*Finally I would like to wish all of the Mothers, Grandmothers and the special people in our lives that play a 'motherly role'; A very Happy Mother's Day on Sunday.*

Have a happy week.

*Kristie Browning - Wellbeing and Special Needs Leader*

### **Parish Of Melton Office**

20 - 22 Unitt Street, Melton

Tel: 9743 6515, Fax: 9747 8603

Email: melton@cam.org.au

Office Open: Tuesday - Friday 9am - 3pm

### **Mass Times - St Catherine of Siena**

**Wednesday:** 9.15am

**Tuesday Evening:** 7.00pm

**Saturday Evening:** 6.00pm

**Sunday Morning:** 9.00am & 11.00am

**Sunday Evening:** 5pm

### **Reconciliation**

**Saturday :** 5.30pm- 5.45pm

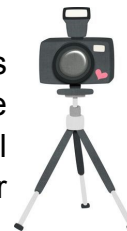
### **Mass Times - St Dominic's**

**Thursday - Friday :** 9.15am



### **Class Photo Reminder**

A reminder to all students in classes 1H, 4S and 6M class photo will take place on Monday, 13th May. All students are required to wear their FULL WINTER UNIFORM.



### **Mother's Day Stall**

A very big thank you to the Parents & Friends committee for organising and running the Mother's Day stall today, your time in preparing for this is very much appreciated.

Thank you also to all the volunteers who assisted today. Without your help the Mother's Day stall would not be possible.



### **District Cross Country**

On Wednesday, 8th May a number of our students in Year 3 - 6 competed at the District Cross Country event. All students displayed dedication, determination and beautiful behaviour throughout the day. St Catherine's are the reigning champions and were lucky enough to bring home the shield for the 2nd year running. What an amazing achievement!



# 2020 Enrolments

2020 Enrolments have now opened and will close at the end of May.

***Enrolment applications are now available from the office.***

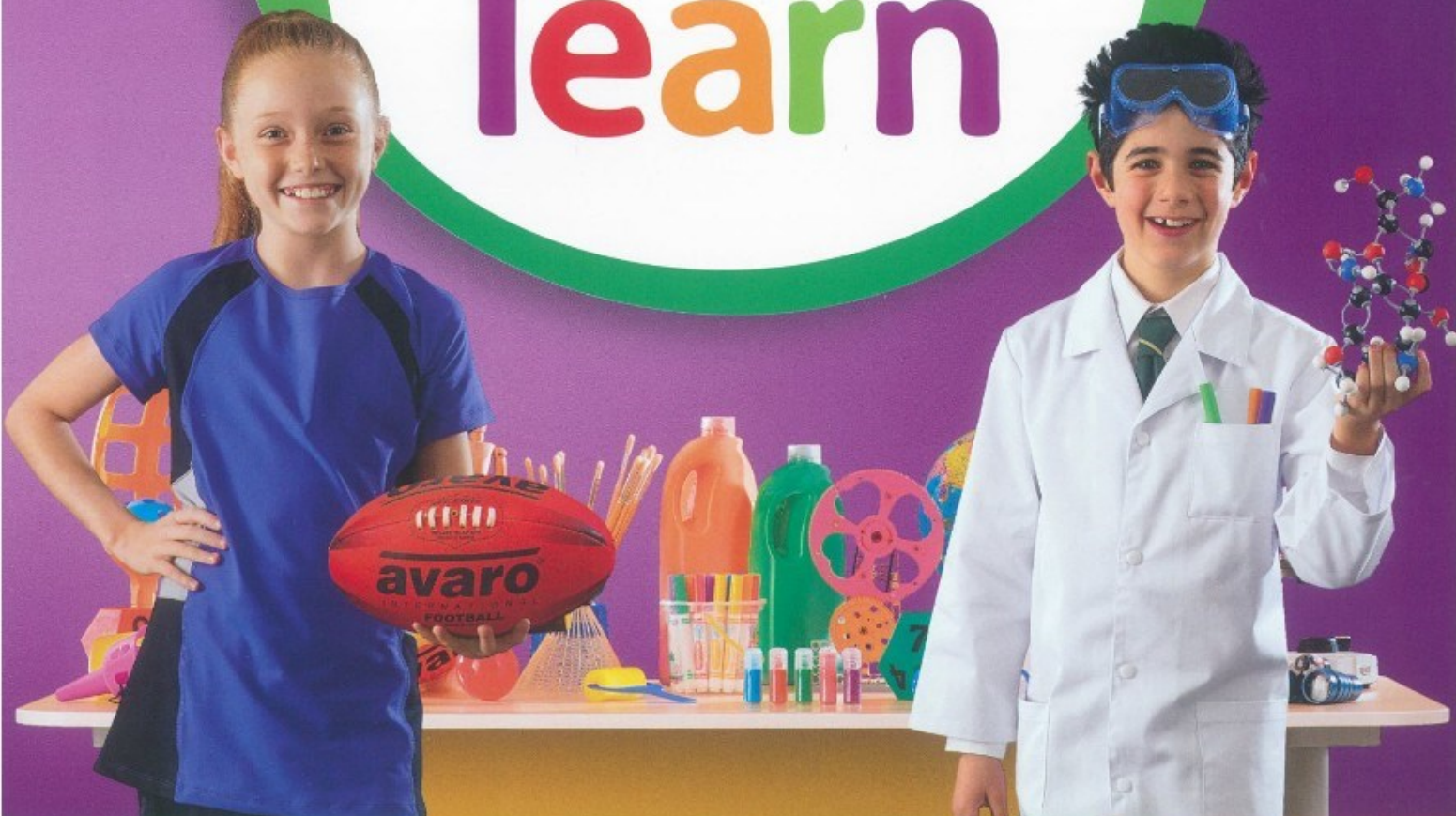
When lodging an application copies of your child's birth certificate, immunisation certificate and Baptism certificate must be attached along with any VISA or legal documents if these are applicable.

All siblings of current students as well as all new applicants are required to have an enrolment application lodged and attend an enrolment interview with our Principal Carmel Marantelli and our Parish Priest Fr Michael Moody.





# It's back!



We're thrilled to invite you to participate in this year's Woolworths Earn & Learn program.

Simply shop at Woolworths and collect 1 Earn & Learn Sticker for every \$10 spent, then place the Stickers in the St Catherine's Collection Box in the school office.

Stickers can be collected up until the 25th May.

# CONGRATULATIONS

Congratulations to the following children who all received a class award this week.  
Awards will be presented on Monday at our morning assembly.

Keep up the terrific effort!!

Prep A - Emma McIntyre

Prep B - Majok Majok

Prep C - Jamie Nobin

Prep D - Aaliyah Farrugia

1E - Julia Tat

1F - Catherine Zarwue

1H - Dominic Talavera

2G - Christian Taleski

2I - Harper Osborne

2J - Shemaya Rodrigo

3K - Indyah Cassar

3L - Monique Kalutha

3N - Abel Solomon

4Q - Ryan Groves

4S - Amaziel Thomas

4U - Sebastiana Sant

5R - Oliver Dreaver

5T - Elle Kalusevicius

5V - Madalena Deng

6M - Gabreil Zammit


6O - Macayla Crooks

6P - Kris Leiba

Art - Class Pre D

LoTE - Trinity Meredith

## Term 2, 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
13 Week 4 *Class Photo 1H, 4S & 6M	14 *Yr 3 & Yr 5 NAPLAN	15 *Yr 3 & Yr 5 NAPLAN	16 *Yr 3 & Yr 5 NAPLAN	17	18	19
20 Week 5	21	22 *Yr 2 Colonial Dress Up Day	23 *Yr 5 Kinder Buddy Reading Program	24 *Yr 5 Kinder Buddy Reading Program *Yr 6 Interschool Sports - Round 2	25	26
27 Week 6	28	29	30 *Yr 1 Excursion to Melbourne Museum	31 School Closure Day	1 June	2
3 Week 7	4	5	6 *Yr 5 Kinder Buddy Reading Program	7 *Yr 5 Kinder Buddy Reading Program	8	9
10 Week 8 Queen's Birthday	11	12	13 *Yr 6 Excursion to Immigration Museum	14 *Yr 6 Lightening Premiership	15	16
17 Week 9 *Yr 1, 2 & 3 Swimming Program	18 *Yr 5/6 girls AFL 9's *Yr 1, 2 & 3 Swimming Program	19 *Yr 1, 2 & 3 Swimming Program	20 *Yr 1, 2 & 3 Swimming Program *Yr 5 Kinder Buddy Reading Program	21 *Semester 1 Reports go home *Yr 1, 2 & 3 Swimming Program *Yr 5 Kinder Buddy Reading Program	22 *Sacrament of Eucharist 	23
24 Week 10 *Yr 1, 2 & 3 Swimming Program	25 *Yr 1, 2 & 3 Swimming Program	26 *Yr 1, 2 & 3 Swimming Program	27 *Whole School Sports Day	28 *Feast of the Most Sacred Mass @ 11:45am *Last Day of Term 2 - Students Dismissed @ 1:30pm	29	30
1 July	2	3	4	5	6	7



# ST CATHERINE OF SIENA PRIMARY SCHOOL

## - WINTER UNIFORM ORDER FORM -

Parent Name: \_\_\_\_\_

Phone: \_\_\_\_\_

### BOYS - Daily, except sports day

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
TROUSERS								\$32.00	

### BOYS SPORTS DAY ONLY

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
TRACKPANTS								\$25.00	

### GIRLS - Daily, except sports day

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
TUNIC - CHECK								\$50.00	
TROUSERS - CHECK								\$40.00	

### GIRLS SPORTS DAY ONLY

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
TRACKPANTS								\$27.00	

### Miscellaneous for both boys and girls

ITEM	4	6	8	10	12	14	16	UNIT PRICE	TOTAL PRICE
POLO SHIRT - Short Sleeve								\$25.00	
POLO SHIRT - Long Sleeve								\$27.00	
WINDCHEATER								\$35.00	
SCHOOL JACKET <i>[Optional]</i>								\$65.00	
ART SMOCK	S		M		L			\$17.00	
SCHOOL BAG								\$40.00	

TOTAL ORDER	
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#### Presentation of Uniform:

All students are expected to wear the prescribed school uniform, at all times.

Black shoes are to be worn daily, except on sports days - runners are to be worn.

Socks - navy.

Jewellery: a watch can be worn. Earrings are to be plain studs/small sleepers only.

Hair - long hair to be tied up in black/brown hair-tie, with or without a blue/yellow ribbon.

No Nail polish.

**UNIFORM SHOP IS OPEN EACH MONDAY AND WEDNESDAY MORNINGS BETWEEN 8.30AM - 9.00AM**  
**PAYMENT BY CASH & PAID IN FULL AT TIME OF ORDER**



**The memories we've made at  
St. Catherine's Melton  
OSHClub 😊**

# St. Catherine of Siena OSHClub

**OUTCOME 2: Community** – children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active civic participation.

What a great week! Satwinder is a kitchen wizz and is mostly responsible for preparing our awesome afternoon tea ideas! We have spent a lot of time exploring ourselves in our "All About Me" theme. We have seen some wonderful self portraits, ideas for their futures and the exploration of their favourite places. Group games of soccer, Simpsons and Hospital Tag have all been enjoyed by the children this week also.

Children can **ONLY ATTEND** when and if they have an **ENROLMENT** for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit [www.oshclub.com.au](http://www.oshclub.com.au) Have a great Holidays!

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a **FREE OSHClub** account by visiting our website [www.oshclub.com.au](http://www.oshclub.com.au).

**\*\*IMPORTANT\*\*** Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.

## OSHClub St. Catherine's Melton Team

**FRIENDLY REMINDERS:** If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. **There is a \$2/minute fee for each child that is picked up after 6:30pm.**

### Week 4 Term 2 Activities

### Week 4 Term 2 Menu

DAY	BSC	ASC
<b>MONDAY</b> 13.05	Make Your Own Teddy Bear and Musical Chairs	Make Your Own Teddy Bear and Soccer
<b>TUESDAY</b> 14.05	Make a Teddy Bear House and Silent Ball	Make a Teddy Bear House and Simpsons
<b>WEDNESDAY</b> 15.05	Teddy Bear Hospital and Night at the Museum	Teddy Bear Hospital and Tap Tap Ball
<b>THURSDAY</b> 16.05	Teddy Bear Painting and Minute Mime	Teddy Bear Painting and Chinese Wall
<b>FRIDAY</b> 17.05	Teddy Bear Biscuits and Wink Murder	Teddy Bear Biscuits and Going on a Bear Hunt

BSC	ASC
Children have a self-serve breakfast consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and weet bix), fresh milk, soy milk etc.	Sandwiches with Spreads
<b>NOTE:</b> All after care meals are served with a range of fresh seasonal fruit and vegetables.	Crackers & Dip
	Yoghurt and Muesli
	Pasta3e
	Salada's with spreads



**We love to build the train tracks and play with trains!**



**We love to build things with LEGO!**



**We love to make our own shops to sell things for OSH Bucks!**



# Playgroup for Dads and Male Caregivers

## Arnolds Creek, City of Melton



### Hello Dad! Come to Playgroup!

After a successful Term 1, Playgroup for Dads is running again in Term 2. Get involved in activities with your kids that are fun and interactive and chat with other dads and male caregivers from your local community.

This playgroup is currently being supported by the Salvation Army Children and Parenting Service and Melton City Council with the intention that it will become parent led.

#### WHERE:

Arnolds Creek Children's and Community Centre

19 Claret Ash Boulevard, Harkness

#### WHEN:

Saturdays 27 April to 15 June 2019

#### TIME:

10:00AM-12:00PM

#### RSVP:

Please register your interest in attending:  
[shaun.tonkes@aus.salvationarmy.org](mailto:shaun.tonkes@aus.salvationarmy.org)  
0455521154  
Or  
[ingridp@melton.vic.gov.au](mailto:ingridp@melton.vic.gov.au)  
9747 5756



 [melton.vic.gov.au](http://melton.vic.gov.au)  
 9747 7200  
 [cityofmelton](https://www.facebook.com/cityofmelton)



**FUN FOR DADS and their KIDS!**



# Playgroup for Dads and Male Caregivers Hillside Neighbourhood House



## Hello Dad! Come to Playgroup!

Get involved in activities with your kids that are fun and interactive. Enjoy meeting other dads from your local community.

Council is activating a playgroup for dads and male caregivers in Hillside.

Be led and supported by a male facilitator who will provide the knowledge and guidance for your group to run independently.

### WHERE:

Hillside Neighbourhood House  
Recreation Reserve, Hillside 3037

### WHEN:

Saturdays 27 April to 15 June

### TIME:

10 am – 12 pm

### RSVP:

Please register your interest in attending:  
[ingridp@melton.vic.gov.au](mailto:ingridp@melton.vic.gov.au)  
9747 5756



[melton.vic.gov.au](https://melton.vic.gov.au)  
9747 7200  
[cityofmelton](#)

**FUN FOR DADS and their KIDS!**

