



St Catherine of Siena

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NEWSLETTER

Term 2, Week 4

May 17th 2019

Reflection

Tender God of heaven and earth, you are the Holy One in our midst.
Your justice is our peace; your peace is our hope; your presence, our delight!

Make our hands your hands; our hearts, your heart; our lives, your life!
Give us this day, and always, a bread of freedom to share,
a cup of hope to pour upon the earth.

Forgive us our hatreds and walls. Teach us to forgive the walls of others as well.
Do not permit us tests beyond our strength. And deliver us from evil's death-grip.

For everything above us and under us, everything within us and without us,
Must bend the knee to the glory of your freedom, the everlasting victory of your justice and peace.



Dear Families,

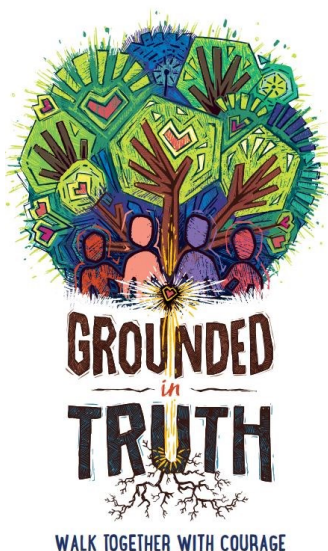
This weekend the Gospel at mass will be *John 13:31-35 I give you a new commandment: love one another*. While next week on the 26th May we have National Sorry Day followed by National Reconciliation Week. It cannot be merely coincidence that these two follow on so closely from each other. The theme this year for National Reconciliation Week is *Grounded in Truth, Walk Together in Courage*. The essential message from this week is about the relationships we have with each other and for these to flourish, for us all to be inclusive and accepting of all. For this to occur and to foster positive relations, that relationship must first be grounded in love and mutual respect for each other, just as the Gospel will remind us this coming weekend.

This year we will celebrate the richness of culture and foster positive relationships with all as part of our NAIDOC Day celebrations which will be held on Tuesday, 25th June. More information about this will be available in the coming weeks.

Each year we are asked to present a Report to the Community which details the events of the previous year under the headings of - Religious Education, Learning and Teaching, Wellbeing, School Community and Leadership and Management. Information about school performance such as NAPLAN Data and School Improvement Survey Data is also included as an essential part of this report. The 2018 Annual Report to the Community is now available on our website and can also be obtained as a hard copy from the school office.

Best wishes for a great weekend

Carmel Marantelli
PRINCIPAL



School Closure Day

To assist with you with planning supervision for your children please note that the school will be closed on

Friday 31st May

On this day all staff will be involved in preparing for our School Review which is due to take place in June.



At St Catherine of Siena we use “The Zones of Regulation” in order to teach children GOOD coping and regulation strategies so students can use their own “tools” when they feel stressed, anxious, sad or angry.

I had the pleasure of visiting Prep C this week to introduce “The Zones of Regulation”.

Typically, children who can self-regulate will turn into teens who can self-regulate. Self-regulation skills are vital for the success and happiness of our children. Here is a reminder of what the “Zones of Regulation” are:

WHAT ARE THE ZONES?

There are four zones to describe how your brain and body feel.

BLUE Zone – Your body is running slow, such as when you are tired, sick, sad or bored.

GREEN Zone – Like a green light, you are “good to go.” Your body may feel happy, calm and focused.

YELLOW Zone – This zone describes when you start to lose control, such as when you are frustrated, anxious, worried, silly or surprised. Use caution when you are in this zone.

RED Zone – This zone is for extreme emotions such as anger, terror and aggression. When you are in this zone, you are out of control, have trouble making good decisions and must STOP!

The ZONES of Regulation®

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

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Throughout the last couple of years, the children have been made aware of “The Zones of Regulation” and what may trigger these emotions. They also acknowledge possible ‘tools’ that can support them in getting back in the ‘GREEN Zone’.

This is the language that we are consistently using when dealing with the children. You might like to discuss as a family the different tools that works for your child.

I look forward to working with other classes throughout the school.

Have a happy week.

Kristie Browning

Wellbeing and Special Needs Leader

Parish Of Melton Office

20 - 22 Unitt Street, Melton

Tel: 9743 6515, Fax: 9747 8603

Email: melton@cam.org.au

Office Open: Tuesday - Friday 9am - 3pm

Mass Times - St Catherine of Siena

Wednesday: 9.15am

Tuesday Evening: 7.00pm

Saturday Evening: 6.00pm

Sunday Morning: 9.00am & 11.00am

Sunday Evening: 5pm

Reconciliation

Saturday : 5.30pm- 5.45pm

Mass Times - St Dominic's

Thursday - Friday : 9.15am



2020 Enrolments

Enrolment applications are now available from the office.

When lodging an application copies of your child's birth certificate, immunisation certificate and Baptism certificate must be attached along with any VISA or legal documents if these are applicable.

All siblings of current students as well as all new applicants are required to have an enrolment application lodged and attend an enrolment interview with our Principal Carmel Marantelli and our Parish Priest Fr Michael Moody.

Mother's Day 2019

Mother's Day was celebrated in style with many visitors coming in to spend time doing fun activities with the family. Then our Mum's were spoilt with an afternoon tea just for them!





PARISH.LIFE.

Catholic Parish of Melton

STEWARDSHIP PROGRAM THEME—FAITH

Our Parish Stewardship Renewal Program is alive!

We ask you to reflect on the importance of faith in your life. Is your faith the foundation of who you are? Does it drive the way you choose to live your life?

We also ask you to re-affirm the importance of Sunday Mass – how we come together as a community to celebrate our faith. The Eucharist is something much bigger than ourselves – it is not a private or anonymous experience. The communal celebration of the Eucharist on Sundays gives us the spiritual nourishment to live our lives as true disciples of Jesus.

Finally, we ask you to commit to growing in faith – to take the opportunity to learn and develop a mature understanding of our faith.

Visit the parish website for more: <http://pol.org.au/melton/Home/StewardshipProgram2019.aspx>

THOUGHTS FROM OUR LEADERSHIP TEAM

Q: What does celebrating your faith as a parish community mean to you?

"Faith means belief in God and doing God's will in our lives. As a parish community, we should all practice our faith by doing works of charity and offering our prayers and sacrifices to the Lord on behalf of the Parish Community."

"IN THE EUCHARIST WE FEEL THIS BELONGING TO THE CHURCH, TO THE PEOPLE OF GOD, TO THE BODY OF GOD, TO JESUS CHRIST."

- POPE FRANCIS
5 FEBRUARY 2014



OUR FUTURE FORUM

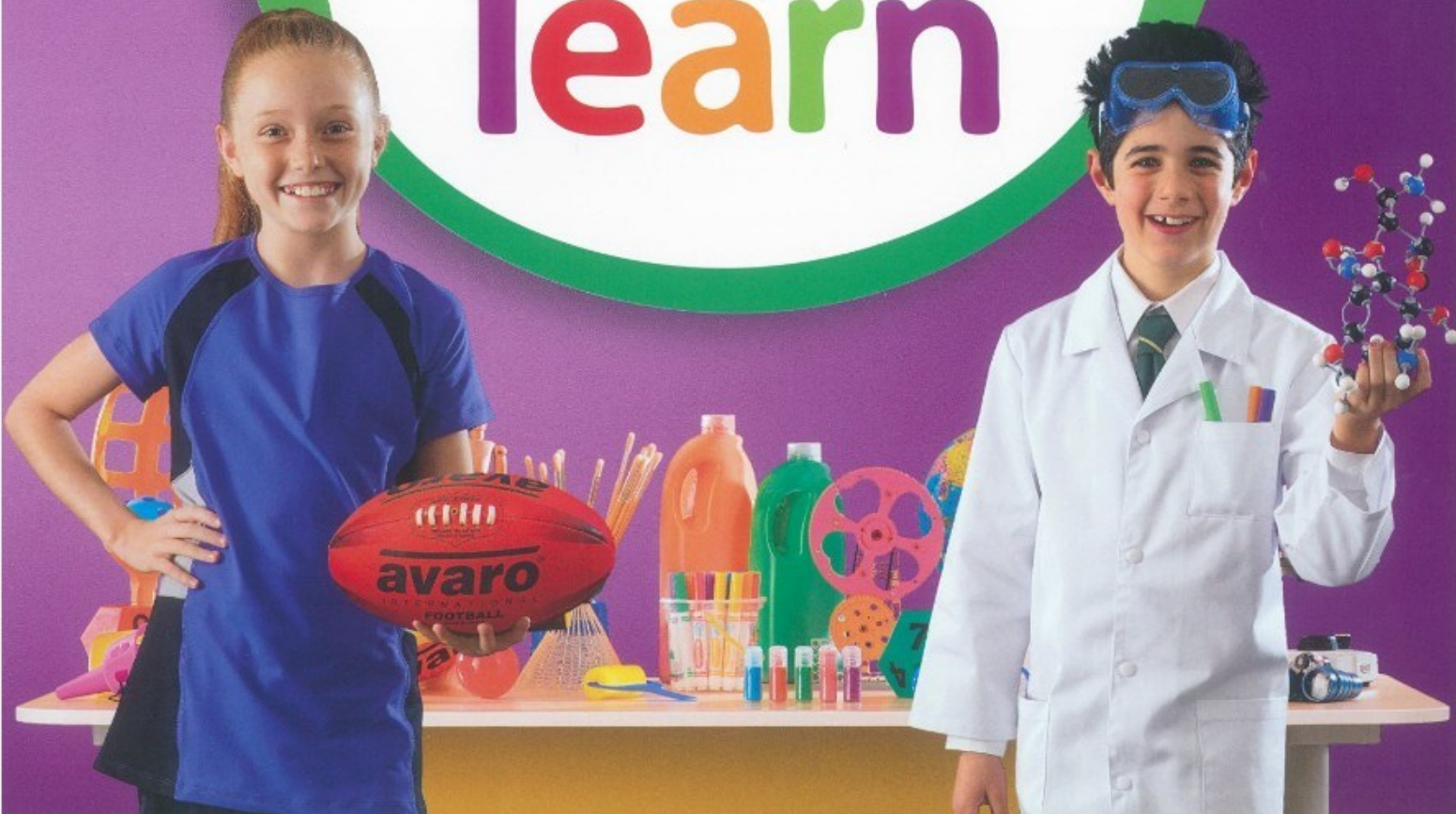
Come along to our Parish Future Forum. This Forum is to discuss parish values, achievements & future plans. Everyone is welcome.

Date: Tuesday 28th May

Time: 11.00am or 7:30pm session

Location: The Gathering Area

It's back!



We're thrilled to invite you to participate in this year's Woolworths Earn & Learn program.

Simply shop at Woolworths and collect 1 Earn & Learn Sticker for every \$10 spent, then place the Stickers in the St Catherine's Collection Box in the school office.

Stickers can be collected up until the 25th May.

CONGRATULATIONS

Congratulations to the following children who all received a class award this week.
Awards will be presented on Monday at our morning assembly.

Keep up the terrific effort!!

Prep A - Liam Dreaver

Prep B - Zoe Cooney

Prep C - Lilyana Zammit

Prep D - Lewis Michael

1E - Sarah Fu

1F - Whole Class

1H - Whole Class

2G - Georgia Sorensen

2I - Max Thompson & Whole Class

2J - Apai Dhal & Whole Class

3K - Whole Class

3L - Alicia Cassar

3N - Whole Class

4Q - Nyanik Nagur

4S - Charlie Kytrokas

4U - Jai Singh

5R - Nynakiir Chol

5T - Bellah Higgins

5V - Ayuen Majok


6M - Sienna Farley

6O - Rhianna Davis

6P - Sarah Abraham

LoTE - Sama Babawy, Prep D & Class 6M

Term 2, 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
20 Week 5 *Prep Career Week	21	22 *Class Mass Yr 4 & Yr 5 @ 9:15am *Yr 2 Colonial Dress Up Day	23 *Yr 5 Kinder Buddy Reading Program	24 *Yr 5 Kinder Buddy Reading Program *Yr 6 Interschool Sports - Round 2	25	26
27 Week 6 *Prep Career Week	28	29 *Class Mass Yr 2 & Yr 4 @ 9:15am *Divisional Cross Country	30 *Yr 1 Excursion to Melbourne Museum	31 School Closure Day	1 June	2
3 Week 7	4	5 *Class Mass Yr 4 @ 9:15am	6 *Yr 5 Kinder Buddy Reading Program	7 *Yr 5 Kinder Buddy Reading Program	8	9
10 Week 8 Queen's Birthday	11	12 *Class Mass Yr 4 & Yr 6 @ 9:15am	13 *Yr 6 Excursion to Immigration Museum	14 *Yr 6 Lightening Premiership	15	16
17 Week 9 *Yr 4/5 Excursion to the Arts Centre *Yr 1, 2 & 3 Swimming Program	18 *Yr 5/6 girls AFL 9's *Yr 1, 2 & 3 Swimming Program	19 *Class Mass Yr 4 @ 9:15am *Yr 1, 2 & 3 Swimming Program	20 *Yr 1, 2 & 3 Swimming Program *Yr 5 Kinder Buddy Reading Program	21 *Semester 1 Reports go home *Yr 1, 2 & 3 Swimming Program *Yr 5 Kinder Buddy Reading Program	22 *Sacrament of Eucharist 	23
24 Week 10 *Yr 1, 2 & 3 Swimming Program	25 *NAIDOC Day Celebration *Yr 1, 2 & 3 Swimming Program	26 *Class Mass Yr Prep & Yr 1 @ 9:15am *Yr 1, 2 & 3 Swimming Program	27 *Whole School Sports Day	28 *Feast of the Most Sacred Mass @ 11:45am *Last Day of Term 2 - Students Dismissed @ 1:30pm	29	30
1 July	2	3	4	5	6	7
8	9	10	11	12	13	14

**The memories we've made at
St. Catherine's Melton
OSHClub 😊**



St. Catherine of Siena OSHClub

OUTCOME 4: Learning – Children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.

Another jam packed week! Across this week Luke has been busy updating the room layout and displays to ensure we maximise our space and area in the best possible way! This week has been our Teddy Bear week and we have had lots of fun making teddy bears and houses for them, as well as painting them. Our favourite activity so far has been making and eating our own Teddy Bear Biscuits! Yum!

Children can **ONLY ATTEND** when and if they have an **ENROLMENT** for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit www.oshclub.com.au Have a great Holidays!

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a **FREE OSHClub** account by visiting our website www.oshclub.com.au.

****IMPORTANT**** Please ensure you or any of your emergency contacts bring in your ID and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.

OSHClub St. Catherine's Melton Team

FRIENDLY REMINDERS: If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. There is a \$2/minute fee for each child that is picked up after 6:30pm.

Week 5 Term 2 Activities

DAY	BSC	ASC
MONDAY 20.05	Make Zoo Animals and Musical Chairs	Make Zoo Animals and Simpsons
TUESDAY 21.05	Doctors/Vets and Wink Murderer	Doctors/Vets and Soccer
WEDNESDAY 22.05	Create Sea Animals and Night at the Museum	Create Sea Animals and Basketball
THURSDAY 23.05	Make a Birds Nest and Minute Mime	Make a Birds Nest and Tap Tap Ball
FRIDAY 24.05	Make Your Pet and Silent Ball	Make Your Pet and Footy

Week 5 Term 2 Menu

BSC	ASC
Children have a self-serve breakfast consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and weet bix), fresh milk, soy milk etc.	Salada's with Spreads
	Tuna Pasta
	Crackers and Dip
	Mac and Cheese
NOTE: All after care meals are served with a range of fresh seasonal fruit and vegetables.	Vegemite and Cheese Scrolls



We love board game challenges!



We are busy setting up our Teddy Bear Doctors



We love making things!

CRAZY CONTRAPTIONS & DAREDEVIL RIDERS!

Witness some really
bizarre cycling
contraptions and meet
the League of Kindness
daredevil riders behind the
Chopper Stopper, Double
Eagle, Penny Farthing and
Puny Cycle. For big and
little kids who love bikes!



LEAGUE OF KINDNESS BIKE RIDERS

Saturday 25 May • 12-3pm
Melton Library

BOOKINGS NOT REQUIRED



Playgroup for Dads and Male Caregivers

Arnolds Creek, City of Melton



Hello Dad! Come to Playgroup!

After a successful Term 1, Playgroup for Dads is running again in Term 2. Get involved in activities with your kids that are fun and interactive and chat with other dads and male caregivers from your local community.

This playgroup is currently being supported by the Salvation Army Children and Parenting Service and Melton City Council with the intention that it will become parent led.

WHERE:

Arnolds Creek Children's and Community Centre

19 Claret Ash Boulevard, Harkness

WHEN:

Saturdays 27 April to 15 June 2019

TIME:

10:00AM-12:00PM

RSVP:

Please register your interest in attending:
shaun.tonkes@aus.salvationarmy.org
0455521154
Or
ingridp@melton.vic.gov.au
9747 5756



 melton.vic.gov.au
 9747 7200
 [cityofmelton](https://www.facebook.com/cityofmelton)



FUN FOR DADS and their KIDS!

Playgroup for Dads and Male Caregivers Hillside Neighbourhood House



Hello Dad! Come to Playgroup!

Get involved in activities with your kids that are fun and interactive. Enjoy meeting other dads from your local community.

Council is activating a playgroup for dads and male caregivers in Hillside.

Be led and supported by a male facilitator who will provide the knowledge and guidance for your group to run independently.

WHERE:

Hillside Neighbourhood House
Recreation Reserve, Hillside 3037

WHEN:

Saturdays 27 April to 15 June

TIME:

10 am – 12 pm

RSVP:

Please register your interest in attending:
ingridp@melton.vic.gov.au
9747 5756



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9747 7200
[cityofmelton](#)

FUN FOR DADS and their KIDS!

