



St Catherine of Siena

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NEWSLETTER

Term 3, Week 8 September 6th 2019

Spring Reflection

For flowers that bloom about our feet;
For tender grass, so fresh, so sweet;
For song of bird, and hum of bee;
For all things fair we hear or see,
Father in heaven, we thank Thee!

For blue of stream and blue of sky;
For pleasant shade of branches high;
For fragrant air and cooling breeze;
For beauty of the blooming trees,
Father in heaven, we thank Thee!- *Ralph Waldo Emerson*



Dear Parents and Guardians

Our school is participating in Catholic Education Melbourne School Improvement Surveys (CEMSIS). These surveys help inform the ongoing improvement of the school and provide an opportunity for parents, students and staff to share their thoughts and ideas with us. Students in Years 4, 5 and 6 will complete the survey at school. They will be supervised by a teacher who will help to explain the questions if needed.

Families have now been given a unique PIN number for completing the survey at home. The survey is available online, can be accessed from **Monday, 2nd September** and needs to be completed by **Friday, 20th September**. This survey may only be completed once.

For families where there may be more than one child attending our school, we ask that families focus on the eldest child attending the school. The school has invited all families to respond via this survey and participation is completely voluntary. There are no "right" or "wrong" answers – all responses are completely anonymous and at no point are any of the responses from students, families or staff identifiable by the school.

Everyone has the right to refuse to participate, or withdraw from the survey at any point before, during, or after completion of the survey. Please notify the school if your child does not wish to participate.

The survey is available in English, Arabic, Simplified and Traditional Chinese, Tagalog and Vietnamese.

A request to all parents who park at the public carpark at Westlake Park. On some occasions cars have parked across the entrance which makes it a challenge for others to enter and exit. If using this park as a meeting point for your children please be mindful of other users.

Visitors to the school this week will have noticed some deliveries to the building site. The steel has been delivered so we should see plenty of changes to the building over the coming weeks. The anticipated completion date is still the end of this year.

Have a great weekend everyone.

Carmel Marantelli
PRINCIPAL

Last day of Term 3 - Friday, 20th September
Students dismissed at 1:30pm



Online issues are something that arise often. This article has some great tips to keep 'on top of these issues' to ensure safety for our children.

Moving beyond cyber safety for happy, resilient digital kids

• POSITIVE PARENTING

As digital devices becoming increasingly immersed into our lives, it is certainly clear they will continue to play a major role in the education, learning, entertainment and socialization of our children's lives.

This can be a scary prospect for a parent today as we are saturated with news about predators, pornography, cyber-bullying and sexting. And certainly these are real concerns, as is the safety of our children on these devices.

But these devices are not going anywhere and so we need to be smarter when it comes to helping our kids navigate this world. And for me, that means moving away from a fear based approach, toward one that helps our kids get the skills, behaviours and thinking to become not only safe, but happy and resilient users of digital technologies.

Our kids are getting pretty good at keeping their passwords safe, not sharing private information, and thinking about talking to strangers online. All important lessons we need to continue to teach.

But being immersed in this world requires skills and behaviours well beyond safety measures. It needs to be an ongoing lesson in critical thinking, resilience, self-esteem, empathy and the promotion of good habits that they can carry with them throughout life.

Digital Resilience

The online world opens us up to comments, judgements and even abuse from people known and unknown, all coming from different backgrounds and situations, all with different beliefs, and all with a little extra keyboard courage or anonymity. Whilst we would like to be promoting kindness and respect online, this is not always the reality. We need our kids to be able to recognize and move on from the people whose opinions do not matter. The greater audience and the permanence of the online world also means the effects of mistakes are magnified. They need to be able to withstand the very permanent and public nature of this world. There may always be a party they are not invited to, or a sleepover they were excluded from, so how will they deal with the constant flow of images appearing in their social media feeds?



Continued.....

Self esteem away from the screens

There will always be comparison online. With access to so much and so many, there will always be someone prettier, smarter, skinnier, with more friends, more likes or more followers. We need to be constantly working on the self esteem of our kids, both online and off. Conversations about our self worth, where that comes from, whose opinion matters, what success and happiness really looks like. These all need to form part of the equation, not just how many likes you get on your latest selfie.

Digital skills

Our kids need skills to know how to handle different situations that arise online. Do they know how to abort a conversation that is going badly? How do they speak up in a group chat when someone is being excluded or spoken about in a nasty way? How do they deal with unwanted attention online? Do they have the words to respond to a nasty comment? Should they respond? As so much of their social life and connection to others will be based around online conversations, these are just some of the skills our kids need to have in order to keep those interactions positive.

Good habits

The earlier we start with good habits, the greater chance we have of them becoming behaviours they adopt throughout adolescents and beyond. So start out with your own rules to ensure these habits are formed. Maybe it is no devices an hour before bed, no devices in the bedroom, no devices at the dinner table, asking permission before sharing pictures of others. Making sure there is plenty of time for friends, extra curricular activities, outside play, chores, homework and good sleep. These all help us be in charge of our time management and the control we have over our devices, so they don't end up controlling us.

Critical thinking

There is so much content online, so our kids need to be really good at determining that which is real, fake, relevant, helpful and worthwhile. This can be a difficult task (even for adults), but a crucial skill. Critical thinking must be an ongoing process every time they watch a video, look at a photo, read an article or connect with someone. Why was this written or produced? Is the language bias? Are they trying to sell me something? Is there research to back up their claims? Would this video have a warning if it was on TV? Is this worth my time? These are just some of the critical thinking questions kids need to be asking of themselves every time they consume content online.

So whilst keeping our kids safe and giving them the skills to do this is of utmost importance, there is so much more to cyber safety than avoiding predators. The emotional and social well-being of our kids and the ability for them to be in the best position possible to learn, grow and thrive are imperative, and will help them become resilient and happy both online and off.



Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world.

Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent

Have a happy week.

Kristie Browning

Wellbeing and Learning Diversity

Parish Of Melton Office

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Tel: 9743 6515, Fax: 9747 8603

Email: melton@cam.org.au

Office Open: Tuesday - Friday 9am - 3pm

Mass Times - St Catherine of Siena

Wednesday: 9.15am

Tuesday Evening: 7.00pm

Saturday Evening: 6.00pm

Sunday Morning: 9.00am & 11.00am

Sunday Evening: 5pm

Reconciliation

Saturday : 5.30pm- 5.45pm

Mass Times - St Dominic's

Thursday - Friday : 9.15am



INTERVIEWS WITH FR MICHAEL FOR APPLICATIONS FOR CRC MELTON YEAR 7, 2021

All families enrolling into CRC Melton for Year 7 2021 are required to attend an interview with their Parish Priest. We ask that all interviews with Father Michael be completed by Friday, 6th September so that applications can be considered for a letter of offer. Applicants will be notified by mail of the result of their application by Friday, 18th October.

***REMEMBER - All LATE applications or those that have not seen Father Michael may result in a student being placed on the waiting list.**



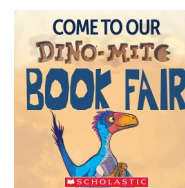
You Are Invited To The St Catherine of Siena BOOK FAIR

The annual St Catherine of Siena Book Fair will be open for ONE DAY ONLY!

Thursday, 12th September: 8:30am - 7:30pm (during Parent Teacher Interviews)

The Book Fair will be held in the School Hall

Books can be purchased via EFTPOS or cash



Early finish

A reminder that due to Parent/Teacher Interviews next Thursday, 12th September students will finish at 1:00pm. All students must be signed out when leaving early on this day. Further information can be found via the Care Monkey eform that has been sent out to all families.

Year 3 / 4 Camp

Year 3/4 Camp will be held at Lady Northcote Camp and run in the first week of Term 4. All families are asked to respond to the Care Monkey Camp eform ASAP. If you have any questions or concerns about the camp please speak to your child's classroom teacher. Further camp information can be found in Care Monkey.

Year 5/6 Basketball Tournament

On Thursday the 5th of September 16 students attended the Melton District year 5/6 basketball tournament. Well done to both our boys and girls teams for trying your best and communicating well as a team. Both teams won 1 match against Kurunjang and lost 1 match to St Anthony's. A big thank you to Jess Barnett-Tonna who helped coach the teams on the day and to the parents who came to support us.

Mrs Summers (Absent from photo: Pieng, Dominic and Bellah)



Petition to Fix Bulmans Road

Please support our bid for a safer school by signing the petition to fix Bulmans Road. The petition is located in the school office and all families and friends are welcome to sign.



St Catherine of Siena SCHOOL DISCO



THURSDAY, 19th SEPTEMBER 2019
SAVE THE DATE

| | | |
|---|-------------------------|------------------------|
| SESSION 1: | GRADES: PREP - 3 | 6.00PM – 7.15PM |
| SESSION 2: Students will not be admitted to the disco prior to 7:40pm | GRADES: 4 - 6 | 7.45PM – 9.00PM |

ADMISSION: \$5 PER CHILD - available at the door
(INCLUDES 1 DRINK AND 1 PACKET OF CHIPS PER CHILD)

***** To make things a bit easier this year children can pay earlier BUT TICKETS WILL NOT BE ISSUED. A list of who has already paid will be at the door on the night *****

GLOW STICKS: AVAILABLE FOR CHILDREN TO PURCHASE ON THE NIGHT
(PRICES RANGE BETWEEN \$1 AND \$3)

LUCKY DOOR PRIZE: THIS WILL BE DRAWN RANDOMLY ON THE NIGHT

***This disco is for
St Catherine of Siena Students only!***





Book School Interviews Online

Dear Parents,

Term 3 2019 Parent-Teacher Interviews will be held on

MONDAY, 9th SEPTEMBER 8:00 - 8:30AM

TUESDAY, 10TH SEPTEMBER 8:00 - 8:30AM

WEDNESDAY, 11TH SEPTEMBER 8:00 - 8:30AM

THURSDAY, 12TH SEPTEMBER 1:30 - 8:00PM

BOOKINGS ARE NOW OPEN and CLOSE ON Thursday, 5th September at 9pm.

These interviews give parents the opportunity to meet with your child's teacher to discuss your child's progress to date.

You can now book interviews at times that suit ***YOUR FAMILY BEST.***

School
event
code

23e8b

Go

**Enter THIS school event code.
Then follow the 3 simple steps.**

1



Enter your details

2



Choose teachers

3



Choose times



When you click ***finish***, your interview timetable will be emailed to you automatically - **check your junk mail folder** if you do not receive your email immediately.

You can return to www.schoolinterviews.com.au at any time, and change your interviews - until bookings close.

Parents can change their interview bookings, any time prior to the closing date, by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking.

CONGRATULATIONS

Congratulations to the following children who all received a class award this week. Awards for this week will be presented on Monday at our morning assembly.

Keep up the terrific effort!!

Prep A - Nyok Anyar

3N - Wel Anyar

Prep B - Kaiden Fernando

4Q - Ned Michael

Prep C - Khanyisa Bhebhe

4S - Koot Thuc

Prep D - Charlie-Ryah Portelli

4U - Hannah Wills

1E - Sarah Fu

5R - Anny Zhou

1F - Sophie Archer

5T - Bella Van Munster

1H - Sarah Lieba

5V - Lola Benedetti

2G - Frans Hoodi

6M - Salote Segal

2I - Harish Katuwal-Chhetri

6O - Bol Agear

2J - Apai Dhal

6P - Kongor Thuc

3K - Dale Fernando

LoTe - Gabriella Valentine, Class 2G & Class 3L

3L - Adhieu Chol

Term 3, 2019

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|--|--|---|---|--|----------------------------------|-----|
| 9 Week 9 *Parent/Teacher Interviews 8:00am - 8:30am | 10 *Parent/Teacher Interviews 8:00am - 8:30am | 11 *Parent/Teacher Interviews 8:00am - 8:30am *Class Mass Yr 6 @ 9:15am | 12 *Divisional Athletics *Parent/Teacher Interviews 1:30pm - 8:00pm | 13 | 14 | 15 |
| 16 Week 10 | 17 *AFL 9's Yr 3/4 Girls *Yr Prep Excursion to Animal Land | 18 *Class Mass Yr 6 @ 9:15am | 19 *School Disco | 20 *Last Day Term 3 - Students Dismissed @1:30pm | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 1 October | 2 | 3 | 4 | 5 | 6 |
| 7 Week 1 Term 4 Begins | 8 | 9 *Yr 4 Camp | 10 *Yr 4 Camp *Yr 3 Camp | 11 *Yr 3 Camp | 12 | 13 |
| 14 Week 2 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 Week 3 | 22 | 23 | 24 * Yr 6 Graduation Photo | 25 | 26 *Sacrament of Confirmation | 27 |

St. Catherine of Siena OSHClub

OUTCOME 4: LEARNING – Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity

Please remember to use our website, www.oshclub.com.au to book your child in and update your bookings for each session

Across week 8 we have ensured we are compliant against the Children's Services Regulations and Act by ensuring that our First Aid, Anaphylaxis, Asthma and CPR certificates are up-to-date. The children have learnt about different weather things this week

Children can ONLY ATTEND when and if they have an ENROLMENT for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit www.oshclub.com.au.

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a FREE OSHClub account by visiting our website www.oshclub.com.au.

****IMPORTANT**** Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.

OSHClub St. Catherine's Melton Team

FRIENDLY REMINDERS: If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. **There is a \$1/minute fee for each child that is picked up after 6:30pm.**

Week 9 Term 3 Activities

| DAY | BSC | ASC |
|--------------------|---|--|
| MONDAY 09.09 | Monster Craft and Pacman | Monster Craft and Tap Tap Ball |
| TUESDAY 10.09 | Blow Painting Monsters and Silent ball | Blow Painting Monsters and Simpsons |
| WEDNESDAY 11.09 | Roll a Monster and Night at the Museum | Roll a Monster and Hospital Tag |
| THURSDAY 12.09 | Yarn Monsters and Tap Tap Ball | Yarn Monsters and Chinese Wall |
| FRIDAY 13.09 | LEGO Monster Building and Red Light Green Light | LEGO Monster Building and Jump the Creek |

Week 9 Term 3 Menu

| BSC | ASC |
|---|----------------------------|
| Children have a self-serve breakfast consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and weet bix), fresh milk, soy milk etc. | Chicken Two Minute Noodles |
| | Mac and Cheese |
| | Salada's with Spreads |
| | Vegemite Scrolls |
| NOTE: All after care meals are served with a range of fresh seasonal fruit and vegetables. | Crackers with Dip |



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MORE



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and do in the City of Melton.



FREE

APP

More Information:

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