



St Catherine of Siena

T: 9743 2166 E: principal@scmeltonwest.catholic.edu.au W: www.scmeltonwest.catholic.edu.au

NEWSLETTER

Term 1, Week 5

March 1st 2019



PARISH OF MELTON

10 Unitt Street, MELTON 3337
P.O. Box 96, MELTON 3337
Telephone: (03) 9743 6515
Facsimile: (03) 9747 8603
E-mail: melton@cam.org.au
Web: www.cam.org.au/melton

Friday, 1 March 2019

Dear young people,

This week you may have read about, heard or seen stories about one of our Church leaders who has been found to have done some bad things.

It is never OK for anyone to try to physically hurt another person. In our parish and schools we have made sure that everyone understands this. We have talked with our grownups about how important it is to make sure that this is a safe community. If you, or someone you know, ever feels unsafe make sure that you tell an older person who you trust. It then becomes their job to make sure that you are OK.

Yours in Christ

Father Michael Moody

Parish Priest

Wellbeing

For the last couple of years we have encouraged the children, staff and families to practice mindfulness. This year Miss Russell has introduced and invited all children and staff to participate in lunchtime meditation sessions once a week. This week was the first week and the participation and interest from the children was amazing



Here are some things that the children said after meditating:

“We put bean bags on our stomachs and actually watched our breathing go up and down”

“I could see and feel myself breathing in and out”

“Breathing in and out felt satisfying.”

“After meditating, I feel: Calm; relaxed; cozy; settled; peaceful”

- Mindfulness is a whole body-mind state of awareness that involves ‘tuning in’ to the PRESENT moment.
- Mindful awareness is something that we all possess and that can be strengthened through practice.
- Mindfulness can be formal sitting meditation practices, or through informal everyday mindfulness activities that use the senses to anchor the attention: such as mindful walking, listening to music, eating or conversation. (Kidmatter)



A resource that promotes mindfulness is “Smiling Minds”. Some classes have trialled this website/app to create a mindful classroom. Smiling Mind is a not-for-profit organisation that works to make mindfulness meditation accessible to all. Smiling Mind exists to help build individual mental health and wellbeing through positive, pre-emptive tools based on mindfulness meditation. Co-developed with psychologists and health professionals Smiling Mind is accessible to **EVERYONE**, irrespective of age, geographic location or socio-economic status.



You might like to use this app as a family or simply use it to help with sleep, focus and mindfulness.

Download the app for free



Have a great week .

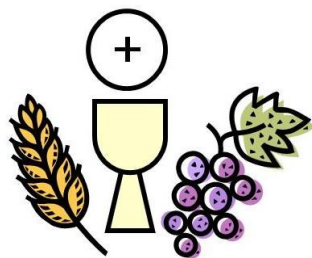
Kristie Browning

(Wellbeing and Learning Diversity Leader)

2019 Sacramental Program

If your child is in Year 3, 4 or 6 please note the following Sacramental dates;

- ◆ Presentation Masses for **Reconciliation**, Year 3 - Weekend Masses, Saturday, 2nd March and Sunday, 3rd March
- ◆ Sacrament of **Reconciliation** Year 3 - Tuesday, 2nd April, Wednesday, 3rd April and Thursday, 4th April



- ◆ Presentation Masses for **Eucharist**, Year 4 - Weekend Masses, Saturday, 4th May and Sunday, 5th May
- ◆ Sacrament of **Eucharist** Year 4 - Saturday, 22nd June

- ◆ Presentation Masses for **Confirmation**, Year 6 - Weekend Masses, Saturday, 24th August and Sunday, 25th August
- ◆ Sacrament of **Confirmation** Year 6 - Saturday, 26th October



Ash Wednesday

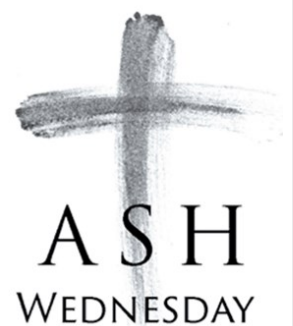
Next Wednesday is Ash Wednesday, the first day of Lent - a time of preparation for Holy Week and Easter to come. This period of preparation lasts for 40 days, a link to the 40 days Jesus fasted in the wilderness. On Ash Wednesday we are marked with the ashes in the form of a cross on our foreheads. The ashes used are the burnt palms from the previous Palm Sunday.

*You are all warmly invited to join us for Ash
Wednesday Mass*

When: Wednesday, 6th March

Where: St Catherine of Siena Church.

Time: 2:00pm



Parish Of Melton Office

20 - 22 Unitt Street, Melton

Tel: 9743 6515, Fax: 9747 8603

Email: melton@cam.org.au

Office Open: Tuesday - Friday 9am - 3pm

Mass Times - St Catherine of Siena

Wednesday: 9.15am

Tuesday Evening: 7.00pm

Saturday Evening: 6.00pm

Sunday Morning: 9.00am & 11.00am

Sunday Evening: 5pm

Reconciliation

Saturday : 5.30pm- 5.45pm

Mass Times - St Dominic's

Thursday - Friday : 9.15am



Regional Swimming Carnival

On Tuesday, 26th February 19 students represented our school at the district swimming carnival at Melton Waves. Students competed in freestyle, backstroke, breaststroke or butterfly events and in relay teams. Thank you to the parents and students who attended. Josh, Harry, Nathan, Oliver, Riley, Ned, Max B, Jake, Mitchell, Avalon, Amelia, Erin, Layla, Tia, Ellie, Mia and Hayley you displayed great sportsmanship and put in your best effort. Congratulations to Amelia, Riley and Oliver who are invited to compete at the next level in the divisional competition.

Mrs Summers



Sacrament of Reconciliation

A reminder to all Year 3 students preparing for the Sacrament of Reconciliation you must attend one of the masses this weekend to be presented to the Parish. Mass times are Saturday 6pm, Sunday 9am, 11am and 5pm. Please bring your Application for Enrolment into the Sacrament Program with you and hand it to Fr Michael during the Mass.

CDF Student Banking

Encourage your child to save by opening a Mission Saver Student account with CDF Community Fund. Accounts can be opened and managed via the CDF Community Fund website. For more information please visit the website www.cdfcommunityfund.org.au/student or contact the Customer Service Team on 1800 134 135 or email enquiries@cdfcf.org.au

Catholic Regional College Melton Year 7, 2021 Enrolment

CRC Melton Year 7, 2021 enrolment applications are now open. All current Year 5 students have received an enrolment pack with details of the application process. Applications close on Friday, 23rd August 2019. Families who do not have a child attending the College are required to attend a College Tour and have an interview with a senior staff member. **All** families must contact the Parish office on 9743 6515 to arrange a meeting with Fr Michael.

College Tours

Monday, 4th March 9am

Tuesday, 26th March 9am

Wednesday, 1st May 9am

Wednesday, 29th May 2pm

Friday, 2nd August 9am

Tuesday, 20th August 9am

Friday, 13th September 9am

Monday, 28th October 2pm

Tours depart from the **Performing Arts Centre** - entre via **Gate 6**.

Register your attendance for a tour on the College website www.crcmelton.com.au



CONGRATULATIONS

Congratulations to the following children who all received a class award this week. Awards for this week will be presented on Monday at our morning assembly.

Keep up the terrific effort!!

- | | |
|------------------------------------|----------------------------|
| Prep A - Joel Antony | 3N - Jayke Gauci |
| Prep B - Sage Thompson | 4Q - Shyanne Reardon |
| Prep C - Gabrienna Dominic-Lea'Ana | 4S - Koot Thuc |
| Prep D - Mussie Gebreyesus | 4U - Ava Williams |
| 1E - Indiana Williams | 5R - Gon Chol |
| 1F - Harvey Robbie | 5T - Aneeta Antony |
| 1H - Nikita Hassell | 5V - Tralie Faavae |
| 2G - Nadine D'Silva | 6M - Brittney O'Connor |
| 2I - Kenny Ah-Kee | 6O - Avalon Philpin |
| 2J - Bien Yeneu | 6P - Jonnabelle Santos |
| 3K - Kareena Allen | LoTe - Class 1F & Class 2G |
| 3L - Monique Kalutha | PE - Class 5V |

Term 1 & 2, 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
4 Week 6 *Monday morning assembly *Preps at school 5 days	5	6 *Ash Wednesday Mass @ 2pm	7	8 *Yr 6 Interschool Sports Round 3 *Assembly in school hall @2:30pm	9	10 1st Sunday of Lent
11 Week 7 Labour Day	12	13	14	15	16	17 2nd Sunday of Lent
18 Week 8 *Monday Morning Assembly	19	20	21	22 *Yr 6 Summer Lightning Premiership *Assembly in school hall @2:30pm	23	24 3rd Sunday of Lent
25 Week 9 *Parent/Teacher Interviews 8 - 8:30am	26 *Parent/Teacher Interviews 8 - 8:30am	27 *Parent/Teacher Interviews 8 - 8:30am	28 *Parent/Teacher Interviews 1:30pm - 8pm	29	30	31 4th Sunday of Lent
1 April Week 10 *Monday morning Assembly	2 *3N Reconciliation @ 7pm	3 *3K Reconciliation @ 7pm	4 *3L Reconciliation @ 7pm	5 *Last day of Term 1 - Students dismissed @1:30pm	6	7 5th Sunday of Lent
8	9	10	11	12	13	14 Palm Sunday
15 Holy Week	16	17	18	19 Good Friday	20 Easter Saturday	21 Easter Sunday
22 Easter Monday	23 Week 1 Term 2 Begins	24	25 ANZAC DAY	26 *St Catherine of Siena Feast Day Mass @ 9:15am	27	28

**The memories we've made at
St. Catherine's Melton
OSHClub 😊**

St. Catherine of Siena OSHClub



OUTCOME 4: Learning – The children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.

Get to know Luke: Luke has been with OSHClub for 7 years and is passionate about working with children! He enjoys arts and crafts and playing group games! Roooar! We have been so busy this week exploring dinosaurs through arts and crafts and dramatic play. We have made some pretty cool dinosaurs using all sorts of materials like Play Dough and Plates! We've had fun running our Dance and Footy Clubs and even playing games like Simpsons and Tiggy.

Children can ONLY ATTEND when and if they have an ENROLMENT for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit www.oshclub.com.au Have a great Holidays!

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a FREE OSHClub account by visiting our website www.oshclub.com.au.

****IMPORTANT**** Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.



Hard at work making dinosaurs!



We had fun playing Asteroid Belt – a fancy version of “keep it off the floor” during our Space exploration week!

OSHClub St. Catherine's Melton Team

FRIENDLY REMINDERS: If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. **There is a \$2/minute fee for each child that is picked up after 6:30pm.**

Week 6 Term 1 Activities

Week 6 Term 1 Menu

DAY	BSC	ASC
MONDAY 04.03	Play Dough Creations and Musical Chairs	Play Dough Creations and Simpsons
TUESDAY 05.03	If Painting and Silent Ball	Painting and Traffic Lights
WEDNESDAY 06.03	Block Building and Night at the Museum	Block Building and OSHClub Clubs
THURSDAY 07.03	Drawing and Tap Tap Ball	Drawing and Cat and Moise
FRIDAY 08.03	Sand Castle Making and Pacman	Sand Castle Making and Playground Tiggy

BSC	ASC
Children have a self-serve breakfast consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and weet bix), fresh milk, soy milk etc.	Cheese Toasties
	Mac and Cheese
	Crackers and Dip
NOTE: All after care meals are served with a range of fresh seasonal fruit and vegetables.	Chicken Two Minute Noodles
	Yoghurt and Muesli



We love making things – dinosaurs here – with the play dough we made!

DO YOU HOLD A VALID HEALTH CARE CARD OR PENSION CARD?

IF SO, YOU MAY BE ELIGIBLE TO RECEIVE THE CSE [CAMPS, SPORTS AND EXCURSIONS] PAYMENT

- ALTHOUGH THE SCHOOL PROCESSES THE APPLICATION, IT IS THE RESPONSIBILITY OF THE CARD HOLDER TO APPLY AND SUBMIT THE FORM WITH A COPY OF YOUR CARD BY **MONDAY, JUNE 24 2019**



Australian Government
Department of Human Services

Health Care Card

TASMANIA

Expires **21 JAN 201X**

CUSTOMER NAME
CUSTOMER ADDRESS 1
CUSTOMER ADDRESS 2
CRN 111-111-111A

PARTNER NAME
DEPENDENT 1
DEPENDENT 2
DEPENDENT 3
DEPENDENT 4
DEPENDENT 5

CARD START 22 JUL 201X LI

Signature of cardholder

This card is NOT transferable humanservices.gov.au/healthcarecard

Issued by the Australian Government Department of Human Services on behalf of the Department of Families, Housing, Community Services and Indigenous Affairs



Keep this card with you

This card should be used when claiming concessions provided by Australian Government and state and territory governments and accounts from some private providers.

Eligibility for state, territory and private provider concessions is determined by the concession provider.

Important

- This card cannot be used after its expiry date or if you have been told by us to destroy it.
- This card is not transferable.
- You must advise us within 14 days of any changes to your circumstances that are likely to affect your entitlement to this card.

SS357.1204



Australian Government
Department of Human Services

Pensioner Concession Card

Signature of cardholder

This card is NOT transferable humanservices.gov.au/pensionercard

Issued by the Australian Government Department of Human Services on behalf of the Department of Families, Housing, Community Services and Indigenous Affairs



VICTORIA

Expires **31 AUG 201X**

CUSTOMER NAME
CUSTOMER ADDRESS

CRN 111-111-111A

PARTNER NAME
CHILD ONE 111-111-111A
CHILD TWO 111-111-111A
CHILD THREE 111-111-111A

Card start 01 Jan 201X DSP

CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

Parent/legal guardian details

Surname _____

First name _____

Address _____

Town/suburb _____ State _____ Postcode _____

Contact number _____

Centrelink pensioner concession **OR** Health care card number (CRN)

- - - **OR**

Foster parent* **OR** Veterans affairs pensioner

*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

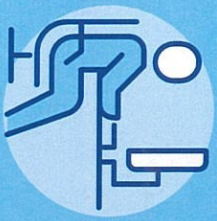
I understand that:

- DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant _____

Date ____ / ____ / ____



MISSION
SAVER
STUDENT

- Encourage your child to save while supporting the Catholic community
- Collect bonus interest for regular savings
- Create savings habits for the future with a 31-day notice of withdrawal



For more information visit
www.cdfcommunityfund.org.au/students
or call 1800 134 135

CDF

COMMUNITY

FUND

MISSION
SAVER
STUDENT

To open a Mission Saver Student account online
visit www.cdfcommunityfund.org.au



On the CDF
Community Fund
website click
Students

Select the
Student
Application and
upload your ID

Mission Saver
Student account is
set-up and
live online

For more information contact our Customer Service Team on
1800 134 135 or email enquiries@cdfcf.org.au

This advertisement does not constitute financial advice. You should consider seeking advice before making investment decisions.

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The Fund is required by law to make the following disclosure:

Investment in the Fund is only intended to attract investors whose primary purpose for making their investment is to support the charitable purposes of the Fund. Investor's funds will be used to generate a return to the Fund that will be applied to further the charitable works of the Catholic Church. The Fund is not prudentially supervised by the Australian Prudential Regulation Authority nor has it been examined or approved by the Australian Securities and Investments Commission (ASIC). An investor in the Fund will not receive the benefit of the financial claims scheme or the depositor protection provisions in the Banking Act 1959 (Cth). The investments that the Fund offers are not subject to the usual protections for investors under the Corporations Act (Cth) or regulation by ASIC. Investors may be unable to get some or all of their money back when the investor expects or at all and investments in the Fund are not comparable to investments with banks, finance companies or fund managers. The Fund's identification statement may be viewed at www.cdfcommunityfund.org.au/aboutus or by contacting the Fund. The Fund does not hold an Australian Financial Services Licence. The Fund has entered into an intermediary authorisation with CDFCF AFSL Limited ABN 49 622 976 747, AFSL No. 504202 to issue and deal in debentures.