

St Catheríne of Síena

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NEWSLETTER

Term 1, Week 6

March 8th 2019

Reflection

"Be still and know that I am God"

Lord, may your spirit guide me to seek Your Loving presence more and more.

For it is there I find rest and refreshment from this busy world.



Dear Families,

Recently I have had several conversations with children and families relating to Cyber Safety and the appropriate use of social forums and technology. This area can be a difficult one for parents to navigate as the technology is constantly evolving. Children seem to adjust to it quicker than us and are much more aware of what is available. Trying to keep up with their knowledge can be difficult, the technology is constantly evolving as are the apps and games children are engaged by. Just when we think we understand and are aware of what they are using the program has changed.

An example of this is Tik Tok, Tik Tok bought Musically so if your children were using Musically they may now have been diverted to Tik Tok. Tik Tok is a music sharing app however by default all accounts are public, unless otherwise changed, so anyone on the app can see what your child shares. Also anyone who downloads the app can see all of the content on Tik Tok however you need an account to post or share. Tik Tok requires all users to be 13 or over and that all users under the age of 18 have parent permission to create and account.

The following links are to sites where parents and guardians can access up to date information on social media apps and guides for safe guarding children while online

https://www.esafety.gov.au/esafety-information	This is from the Australian Government office of the eSafety Commissioner. This site has a link to iParent - a portal with a range of guides and tools on gaming, social media, smart phones, unwanted contact and a range of other topics
https://www.commonsensemedia.org/	This site has a parent page with a range of guides to various games and social media apps
https://www.connectsafely.org/	This is a US based, not for profit organisation dedicated to educations users on safe practices whilst online.

In sourcing information for some parents about Instagram, Snapchat, Kik, Facebook and the like it is interesting to note that the recommended age for these forums is 13 years although some of them allow younger children with parental approval. In all instances of internet use it is important that children understand that if they are on social media they should only be friends with people they know in real life and should only be posting appropriate comments that do not harm or hurt other people. Social media is about staying connected, it was never intended to hurt, harm or bully others. The following tips are from Stay Smart Online, the Australian Government's online safety and security website. This site has many useful tips for all users

- Protect your accounts with strong passwords.
- Think before you post—people other than your friends and family may see what you post online.
- Think before you click—remember that it can be difficult or impossible to remove posted photos or information after the event.
- Be careful posting information that could compromise your or others security, such as: date of birth, address, your school.
- Consider turning off geolocation features in social networking apps.
- Don't post inappropriate photos of you or your family and friends, always seek permission before posting a picture of others.
- Never click on suspicious links, even if they are from your friends, as their social media account may have been hacked.
- Be wary of strangers as people are not always who they say they are.
- Never access social networking by clicking a link in an email or other website.
- Don't use social networking sites that do not offer any privacy settings or that enable users to contact each other anonymously.

Have a great weekend everyone.

Bost

Carmel Marantelli PRINCIPAL



Friday March 16 is National Day of Action against Bullying and violence. The children have been discussing the definition of Bullying; the types of bullying; how to cope when we witness bullying and the effects of bullying. It is important for us all to know the definition of bullying in order to maintain a safe and happy school. The National definition of Bullying for Australian schools is :

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/ or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that **do not** constitute bullying include:

mutual arguments and disagreements (where there is no power imbalance)

- not liking someone or a single act of social rejection
- one-off acts of meanness or spite

isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved.

Next Friday the children will be designing posters for a 'Say No to Bullying' Poster Competition with the theme: "BULLieve in yourself".

The following article from 'Parenting Ideas' provides some tips for when children may encounter "problems" at school.

Have a great week . *Kristie Browning (Wellbeing and Learning Diversity Leader)*

Parish Of Melton Office

20 - 22 Unitt Street, Melton Tel: 9743 6515, Fax: 9747 8603 Email: melton@cam.org.au Office Open: Tuesday - Friday 9am - 3pm

Mass Times - St Catherine of SienaWednesday:9.15amTuesday Evening:7.00pmSaturday Evening:6.00pmSunday Morning:9.00am & 11.00amSunday Evening:5pm

Reconciliation Saturday : 5.30pm- 5.45pm

<u>Mass Times</u> - St Dominic's Thursday - Friday : 9.15am

Book Club

Scholastic book club has been sent home recently. All orders are due back by *Friday, 15th March*

<u>NO LATE ORDERS CAN BE</u> <u>ACCEPTED</u>

Thank you

Theresa Maskell

Book Club Co-ordinator

Lent Liturgies

You are warmly invited to join us for our Lent Liturgies.

When: Fríday, 8th March, Fríday 15th March and Fríday, 29th March

Where: School Hall (location subject to change)

Тіте: 2:30рт.

Please note there will be no more Friday afternoon assemblies in Term 1, all student awards will be presented on Monday at our morning assembly



Labour Day Public Holiday Monday, 11th March - School Closed

Regional Swimming Carnival

Well done to the following students who made up our St Catherine of Siena swimming team;

Max Squire, Mitchell Barton, Ned Michael, Josh Patel, Tia Anderson, Annalee Torney, Mia James, Amelia Alford, Ellie Edwards, Layla Moore, Nathan Palmer, Max Barton, Erin Johnstone, Hayley Wright, Riley Webster, Harry Fitzgerald, Oliver Dreaver, Avalon Philpin and Jake Squire.

Congratulations to Amelia, Riley and Oliver who are invited to compete at the divisional competition which will be held on Thursday 14th

March. We wish you all the best for the next level of competition.



Mrs Summers

Care Monkey

Parents/guardians should have now created a Care Monkey care profile for all children you have attending St Catherine of Siena and shared it with the school. Creating a Care Monkey profile is an important way to keep up to date with events and news happening at school. All excursion permission forms are sent via Care Monkey and must be responded to by the set date to allow teachers time for planning and organisation. It is expected that all forms are responded to even if permission is not given. It is a time consuming task to chase up families that do not respond to Care Monkey eforms.



Easter Raffle tickets will be sent home on Tuesday, 12th March 2019.

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Easter Raffle

Raffle Tickets will be \$1.00 each

We ask students to come dressed in **Casual Clothes** on Friday, 15th March and to donate either an Easter egg or bunny so we can make up our Easter hampers.

All raffle money and tickets are due back to school no later than Wednesday, 27th March 2019.

The raffle will be drawn on Wednesday, 3rd April 2019

Casual Clothes Da

Friday, 15th March 2019

Come dressed in your casual clothes and bring either an Easter egg or bunny to put towards the Easter Raffle Hamper Prizes.



Dear Parents,

Term 1 2019 Parent-Teacher Interviews will be held on

MONDAY 25th MARCH 8:00 - 8:30AM TUESDAY 26TH MARCH 8:00 - 8:30AM WEDNESDAY 27TH MARCH 8:00 - 8:30AM THURSDAY 28TH MARCH 1:30 - 8:00PM

BOOKINGS WILL OPEN ON Tuesday 12th March at 9:00am and CLOSE ON Thursday, 21st March at 9pm.

These interviews give parents the opportunity to meet with your child's teacher to discuss your child's progress to date.

You can now book interviews at times that suit YOUR FAMILY BEST. Go to <u>www.schoolinterviews.com.au</u> and follow these simple instructions.





When you click *finish*, your interview timetable will be emailed to you automatically - **check your junk mail folder** if you do not receive your email immediately. You can return to <u>www.schoolinterviews.com.au</u> at any time, and change your interviews - until bookings close.

Parents can change their interview bookings, any time prior to the closing date, by re-visiting the <u>www.schoolinterviews.com.au</u> website, and using the event code. Remember to use the same name and email address, you used when you made your original booking.



WEEK 6 Term 1 – OSHClub Newsletter 11.03.19 - 15.03.19

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St. Cather Siena

OUTCOME 4: Learning - The children develop dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.

Get to know Cindy: Satwinder or Cindy for short has been with OSHClub for around 5 years and has enjoyed working across different programs in the Wester Suburbs of Victoria. Throughout this last week the children have enjoyed engaging with their imaginations: we saw some wonderful play dough creations, awesome paintings and terrific drawings from the children. They have really enjoyed games of Silent Ball and their OSHClub Clubs of dance and footy.

Children can ONLY ATTEND when and if they have an ENROLMENT for completed by the parents! Please don't forget our Vacation Care Programs. To book, visit www.oshclub.com.au Have a great Holidays!

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program staff are aware they need to be here is very important in this process. Please use our website or give the program a call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a FREE OSHClub account by visiting our website <u>www.oshclub.com.au</u>.

IMPORTANT Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are

OSHClub St. Catherine's Melton Team

FRIENDLY REMINDERS: If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. There is a \$2/minute fee for each child that is picked up after 6:30pm.

Week Merm 1 Activities

DAY	BSC	ASC	BSC
MONDAY 11.03	Labour Day Public Holiday — No Program	Labour Day Public Holiday — No Program	Children have a self- serve breakfast
TUESDAY 12.03	Learn to Draw Minecraft Characters and Silent Ball	Learn to Draw Minecraft Characters and Soccer	consisting of wholemeal bread, basic cereals (corn flakes, rice puffs and
WEDNESDAY 13.03	Talent Show and Musical Chairs	Talent Show and Basketball Tricks	weet bix), fresh milk, soy milk etc.
THURSDAY 14.03	Make your own Pokémon Character and Tap Tap Ball	Make your own Pokémon Character and Calming Meditation	NOTE: All after care meals are served with a range of fresh
FRIDAY 15.03	OSHClub Shops and Night at the Museum	OSHClub Shops and OSHClub Clubs	seasonal fruit and vegetables.

Week 7 Term 1 Menu

ASC	
Labour Day – No Program	
Crackers and Dip	
Chicken Two Minute Noodles	

Salada's with Spreads

Salad Wraps

OSHClub Program Number 0402 669 652

Program Co-ordinator Luke Lambert

Program Assistant/s Satwinder Atwal

OSHClub Head Office 1300 395 735

The memories we've made at St. Catherine's Melton OSHCIUD 😊



We are so proud of the work we do and the things we make at OSHClub!



We enjoyed mixing materials to create something we really enjoyed!



We love thinking of ways to earn OSH Bucks.