

St Catherine of Siena

F: 9743 2166 E: principal@scmeltonwest.catholic.edu.au W: www.scmeltonwest.catholic.edu.au

NEWSLETTER

Term 4, Week 9 December 6th 2019

Reflection

Lift up your heads no need to mourn

His hand is stretched out still for unto us a child is born

His promise to fulfil Jerusalem! He cried for you

He did not come to us in vain His loving arms are open wide for you

And he will come He will come again

Bethlehem morning is more than just a memory

For the Child that was born there has come to set us free

Bethlehem sunrise I can see Him in your eyes

For the Child that was born there His spirit never dies

From the Christmas Song—Bethlehem Morning



Dear Parents and Guardians

As we come to the end of the 2019 we say goodbye to some staff members. Jessica Attard started with us this year and has worked hard throughout 2019 to develop strong and effective working relationships with all of the children in her care. She should be very proud of the way they have flourished under her guidance as was evidenced in their leadership speeches. Jessica has found a teaching position which will utilise the Food Technology skills developed in her degree.

Kristie Browning has been with us for a number of years and in that time has supported all students in being the best version of themselves. She has been a wealth of encouragement and advice for all staff and has worked tirelessly to support our most vulnerable children in becoming active participants in their own learning. Kristie drove the implementation of our Behaviour Management practices and leaves us with these firmly embedded across the school.

Kate Crawford returned this year after a period of parental leave and has continued to engage the children in a range of physical education activities. Kate's passion and enthusiasm in this area is infectious and she has been of huge assistance to Brittni Summers in this role. Kate leaves us to pursue her career closer to home.

Karen Meddings is moving on at the end of this year to pursue her career in another setting. In the time that she has been with us Karen has been an important member of our Year 1 team. She has worked to support some of our youngest children here at St Catherine's and assisted across the school in so many other ways.

Trish Morrison has been at St Catherine of Siena for a number of years. She has a knack of getting to know each child, their strengths and challenges in order to best address their learning needs and assist them in becoming independent learners. Her manner with them ensures that they are very comfortable in her presence yet are always aware of her expectations for them. This year Trish has worked across Year 4, 5 and 6 to support and extend the children in their learning.

Annabelle Toro has worked with us this year in a number of short term replacement positions. The challenge of this is that you are required to settle in quickly, get to know the children and maximise the time you have with them. Annabelle has been able to do this effectively and has been a valuable member of all teams she has worked with. Annabelle leaves us to pursue her career closer to home.

They will all be missed and we wish each and every one of them every continued success in their new school settings. We thank them all very much for the care they have shown to the children of St Catherine's and their families in their time with us.

Next Wednesday at 9:15am we have our End of Year Mass, this will be followed by morning tea in the hall. You are all invited to join with us for our final whole school liturgy to celebrate the 2019 school year, we would love to see you there.

Next Friday is our annual whole school picnic at Maddingley Park. This is always a great way to end the year so if you are free we would love to have you join us for the day. Please make sure that you have given approval for this on CareMonkey.

Have a great weekend everyone.

Most

Carmel Marantelli PRINCIPAL

PLEASE NOTE THESE DATES

Friday 13th December - Whole School Picnic



This year's school concert will be held on Tuesday, 10th December at 6:30pm in the Catholic Regional College Sports Stadium.

The theme of this year's concert is 'STORY' and children are asked to come dressed in Christmas





Every year, each class raises money to buy a Christmas present to go under our school Christmas tree. These presents go to children in our community who are not as fortunate as others are. In order to raise this money, we will be holding a Christmas Dress Up Day on Monday, 9th December and we ask that the entire school get into the Christmas spirit, dress up and bring a GOLD COIN donation.

The Year 4 SRC reps (Jai, Dylan and Jaxson) are really hoping that all students across the school will get behind this day and dress up in their most festive Christmas gear!

All of the Year 4's appreciate your support of this day.



Whole School Picnic

Date: Friday, 13th December 2019

Venue: Maddingley Park, Maddingley, VIC 3340

Time: 8:50am - 3:15pm for students going on the bus.

For students coming with their parents, the picnic will begin at approximately 9:30am and conclude at approximately 2:00pm.

Snack and Lunch Arrangements: Children need to bring their own food for the day (a healthy snack and lunch) as well as a drink bottle of water.

Clothing: Students will need to wear their full sports uniform and bring their school hat and sunscreen. A jacket or coat is advisable in case of cold or windy weather.

Parents and family members are welcome to attend the picnic and will need to provide their own food and it is advised that you bring along a picnic rug, chairs, table etc.

***Permission forms have been sent to all families via the CareMonkey app. All students MUST have a completed response by Friday, 6th December to attend this





Helping children cope with setbacks or disappointments.

Whether it's an excursion to the park that gets ruined by rain or there are no more chocolate sprinkles at the ice cream shop or I didn't get into the class with many of my friends or I didn't get the teacher I wanted, life is full of little and big disappointments. And as much as we'd like to spare children from letdowns, we can't -- and that's a good thing. "When children learn at an early age that they have the tools to get over a disappointing situation, they'll be able to rely on that throughout childhood and even as adults," says Robert Brooks, PhD, co author of Raising Resilient Children. "If you bend over backwards



to shield them from disappointment, you're keeping them from developing some important skills."

That's not to say you shouldn't lend a hand. "If you help a child learn to ask for realistic support, lean on others, communicate well, and stay optimistic, you're assisting that child to handle what life throws at them," says Dr. Brooks. The most effective approach: Tailor your tactics to how your child currently reacts when a curveball comes their way.

The Right Attitude Toward Disappointment

Disappointment is a normal, though difficult, part of growing up. Your children will inevitably experience disappointment in school, sports, the arts, and in their social lives. How your children learn to respond to disappointment will determine its impact on their future achievement and happiness.

You can teach your children to see stumbling blocks as opportunities to improve and grow. Offering your children a different perspective on their disappointment -"I know it feels bad right now, but what can you learn from it?" - gives them tools they can use to avoid or minimize their disappointment in the future, and to turn the obstacles to their advantage by increasing resilience, motivation, and confidence.

After "a setback," your children will naturally feel a brief period of letdown, but then you must encourage them to pick themselves up and "bounce back," that is, get back to pursuing their goals. By staying **positive and enthusiastic**, you can show your children a better way of feeling in response to failure and guide them in finding a way to overcome their setbacks and return to their path of achievement.

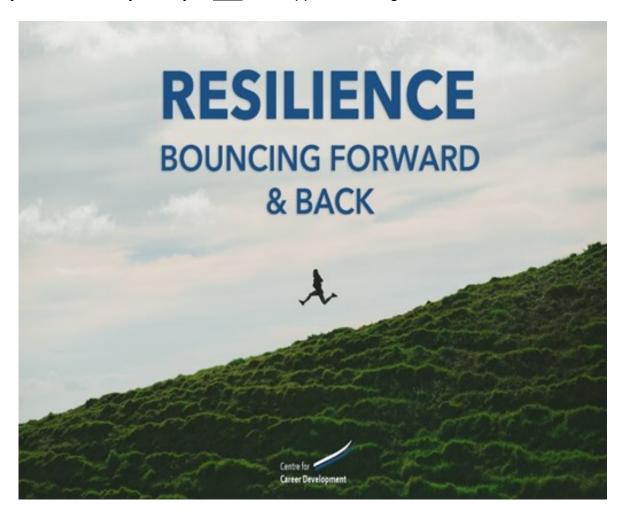


Continued.....

Here are some suggestions on how to respond to your children's disappointments/set back:

- Allow your children to feel disappointment about the setback;
- Don't "spin" the situation to make your children feel better; Or become over emotional yourself
- Offer a healthy perspective on disappointment;
- Support your children, but don't give them a consolation prize; Or 'give in' by eliminating the situation that has disappointed them
- Help your children find ways to 'figure out' the causes of their disappointment;
- Tell your children that they will survive these disappointments and will achieve their goals if they keep trying hard; and looking at the positives of the situation

Finally, make sure they know you <u>love</u> and support them regardless of their successes or failures.



Have a happy week
Kristie Browning

Parish Of Melton Office

20 - 22 Unitt Street, Melton

Tel: 9743 6515, Fax: 9747 8603

Email: melton@cam.org.au

Office Open: Tuesday - Friday 9am - 3pm

Mass Times - St Catherine of Siena

9.15am Wednesday: Tuesday Evening: 7.00pm Saturday Evening: 6.00pm

Sunday Morning: 9.00am & 11.00am

Sunday Evening: 5pm

Reconciliation

Saturday: 5.30pm- 5.45pm

Mass Times - St Dominic's Thursday - Friday: 9.15am



Breakfast Club

The last day for breakfast club for 2019 will be Tuesday, 10th December. There will be no breakfast club in the last week of term.

Thank you to all the members of St Vincent De Paul who have volunteered to run the breakfast club



Canteen

The last day for canteen lunch orders and over the counter sales will be Tuesday, 17th December.

The canteen will be closed on Thursday, 19th December.

The canteen will reopen in 2020 from Monday, 3rd February.



Year 4 Fundraiser

Help us raise money to fight Cancer!!

How? By buying an Icy Pole

When? Lunchtime on Wednesday,

11th December

Where? The Canteen

How Much? Icy Poles will be \$1.00

each

All money raised will be donated to Breast Cancer Awareness.

Thank you for your support!

Jai and Ethan - Year 4



Uniform Shop

Please note the final days the uniform shop will be open for 2018 will be Monday, 9th December from - 9:00am and Wednesday, December from 8:30am - 9:00am. The uniform shop will be closed in week 11 for stocktake.

The uniform shop will re-open in 2020 on Wednesday, 29th January from 8:30am - 12:00pmm. From Monday, 3rd February the uni-

form shop will be open each CLOSING FOR Monday and Wednesday morning between 8:30am - 9:00am.

STOCK TAKE



End of Term 4

Thursday, 19th December - Students Dismissed at 1:30pm



Christmas Mass Timetable 2019

St Catherine of Siena, Bulmans Rd, Melton West

Christmas Eve

Tuesday 24th December

- ▶ 6pm Mass [Children's Mass with Carols 30 mins beforehand]
- ▶ 8pm Mass [Congolese Choir]
- ▶ 10pm Mass

Christmas Day

Wednesday 25th December

- ▶ 9am Mass [9am Choir]
- ▶ 11am Mass

** No Mass — Thursday 26th Dec & Friday 27th Dec. **

Individual Sacrament of Penance

Saturday 21st December Sunday 22nd December

5.15pm—5.45pm

4.15pm—4.45pm

** Please note— There will be no Sacrament of Penance on Christmas Eve. **

Communal Sacrament of Penance

▶ Saturday 7th December 5.00pm

Saturday 14th December 5.00pm

The Parish office will be closed from Tuesday 24 December – Tuesday 14 January 2020



appeal to help the Melton

branch

VINNIES CHRISTMAS APPEAL IS NOW ON

SUPPORTING LOCAL FAMILIES IN NEED

ENVELOPES AVAILABLE IN THE GATHERING AREA OF THE CHURCH & THE PARISH OFFICE

CATHOLICCARE TOY DRIVE 2019

CatholicCare have asked us to join their annual Christmas
Toy Drive. They are asking for your help to provide joy to
children within our area during the Christmas Season. We
have placed gift tags on the wall at the back of the
Church—Please select a tag and purchase a suitable gift &
return the wrapped gift to the Parish Office at 10 Unitt St,
Melton by Friday 6 December 2019. Remember to place the
tag you select on the gift!



Term 4, 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
9 Week 10 *Morning awards *Christmas Dress Up Day	10 *Yr 7, 2020 Orientation Day @ CRC *School Concert @ 6:30PM	11 *End of Year Mass @ 9:15am	12 *Advent Liturgy Week 4 @ 2:45pm	13 *Whole School End of Year Picnic	14	15
16 Week 11 *Morning awards	17 *Yr 1 - 6 2020 Transition Morning	18 *Christmas Liturgy @ 9:00am *Yr 6 Graduation	19 *Last day Term 4 Students dismissed @	20	21	22
23	24	25	26	27	28	29
30	31	1 January 2020	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19



WEEK 9 Term 4 - OSHClub Newsletter

09.12.2019 - 13.12.2019



Program Co-ordinator Luke Lambert

Program Assistant/s Satwinder Atwal

OSHClub Head Office 1300 395 73

The memories we've made at St. Catherine's Melton OSHClub ©



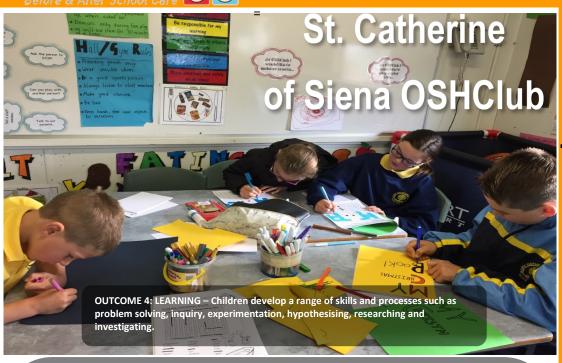
We love building things with the straws!



We put up our very own Christmas Tree



We love to build things with lots of different materials.



Please remember to use our website, <mark>www.oshclub.com.au</mark> to book your child in and update your bookings for each session On the day bookings will incur additional fees per session per child.

Across the last week we have enjoyed beginning our Christmas celebrations. The children have made and put up our Christmas Tree, we have made Christmas booklets to help engage the children over the holidays and we have enjoyed our games such as Silent Ball, Hospital Tag and Moovosity.

Children can ONLY ATTEND when and if they have an ENROLMENT form completed by the parents or guardians! Please don't forget our Vacation Care Programs. To book, visit www.oshclub.com.au.

Just a friendly reminder of the importance of signing your child in to OSHClub. Knowing that your child is safe and looked after is on the forefront of every parents' mind, and, having them booked in to OSHClub so that our program call if you require care on the day or even visit our friendly staff!

Please note our Before School Care program begins each morning at 6.50am. Please ensure, if you haven't already, that you create a FREE OSHClub account by visiting our website www.oshclub.com.au.

IMPORTANT Please ensure you or any of your emergency contacts bring in your I.D and mobile phone if you are new to the service. We need to verify who you are, if you are new to the service, for the safety of your children.

OSHClub St. Catherine's Melton Team

FRIENDLY REMINDERS: If you need to cancel ASC please do on the internet by 3:15pm on the day before, send us a text on: 0408 477 328 or pop in to let staff know you are collecting your child so that we know where the children are. There is a \$1/minute fee for each child that is picked up after 6:30pm.

Week 10 Term 4 Activities

DAY	BSC	ASC	
MONDAY	Pin Hole Christmas	Pin Hole Christmas	
09.12	Tree and Silent Ball	Tree and Moovosity	
TUESDAY	Make Santa and Red	Make Santa and	
10.12	Light Green Light	Simpsons	
WEDNESDAY	Christmas Booklets	Christmas Booklets	
11.12	and Ickle Pickle	and Chinese Wall	
THURSDAY	Reindeer Craft and	Reindeer Craft and	
12.12	Night at the Museum	Moovosity	
FRIDAY	Christmas Cookies and	Christmas Cookies and	
13.12	Musical Statues	Hospital Tag	

Week 10 Term 4 Menu

BSC	ASC
Children have a self-	Salada's with Spreads
consisting of	Spreads
wholemeal bread, basic cereals (corn	Mac and Cheese
flakes, rice puffs and weet bix), fresh milk, soy milk etc.	Yoghurt and Muesli
NOTE: All after care meals are served	Salad Sandwiches
with a range of fresh seasonal fruit and	Crackers and Dip



Wedge Park Primary School

Monday, 06th January to Tuesday, 28th January 2020

Building Brighter Futures Together

NOTICE - ALLERGY - Please ensure all food is nut free





Monday 06 January



SUMMERTIME FUN

INCURSION - SPLASHTASTIC FUN

Cool down with super fun Water Games this summer. It's the perfect program for kids that want to beat the heat.



Monday 13 January

FANTASTIC FAIRYTALES

IN-SERVICE

Are you a princess or a dragon? Come with us as we explore the magical kingdom of fairytales and fantasy.



Don't forget a towel and change of clothes

Tuesday 07 January

HAPPY NEW YEAR

IN-SERVICE

Its time to celebrate the beginning of a new year, join us for a day filled with new year fun.



Tuesday 14 January

REDUCE, REUSE & RECYCLE

IN-SERVICE

Today we'll be transforming trash into treasures, as we design and create the most amazing things from recycled materials!



Wednesday 08 January

LET'S VISIT ITALY!

IN-SERVICE

Get your passports ready as we explore the Leaning Tower of Pisa, eat delicious pizza and learn all the wonders of Italy!



Wednesday 15 January



+ \$37.00

WILDLIFE WARRIORS

EXCURSION - BALLARAT WILDLIFE PARK Today we will tour the Ballarat Wildlife Park



Thursday 09 January



JUMPING JOLLY JOY

EXCURSION - LATITUDE HEIDELBERG

Bounce, Climb and Fly as you challenge yourself on the trampolines, rock walls and ropes course at Latitude Heidelberg.



Please arrive by 8.30am

Thursday 16 January



+ \$17.00

BOOGIE WONDERLAND

 ${\tt INCURSION-SILENT\ DISCO\ 4\ KIDS\ HIP\ HOP}$

Slip on the light up head phones and join us as we learn crazy hip hop dance moves for a silent disco hip hop party.



Arrive by 8.30am

Friday 10 January

MASTER ARTIST

IN-SERVICE

Paint, draw or sketch your day away as you become a master artist for the day. Will you be the next Picasso?



Friday 17 January

AMAZING ASIA

IN-SERVICE

Jump on board our flight around Asia today!



Mon - Fri 6:30am - 6:30pm

Cambrian Way Melton West VIC 3337

Wedge Park Prima-





Wedge Park Primary School

Monday, 06th January to Tuesday, 28th January 2020

Building Brighter Futures Together

NOTICE - ALLERGY - Please ensure all food is nut free





Monday 20 January

EXPLORE THE OCEAN FLOOR

IN-SERVICE

How do you make an octopus laugh? With 'tentickles' of course! Discover more fun aquatic facts on today's submarine adventure!



Monday 27 January

PUBLIC HOLIDAY

SERVICE CLOSED



Tuesday 21 January

CELEBRATE OUR COMMUNITY

EXCURSION - CERES COMMUNITY ENVIRONMENT PARK

Lets be inspired by sustainable living in the setting of CERES Community Environment Park. We will net for insects and make our own



Tuesday 28 January

BACK TO SCHOOL PARTY!

IN-SFRVICE

Let's wind up the school holidays with a party! Food, games and a whole lot of fun!



Please arrive by 8:15am

Wednesday 22 January

EXPLORE EGYPT

IN-SERVICE

Grab your excavation tools and head out on an adventure to find the lost treasures of the world!



Thursday 23 January

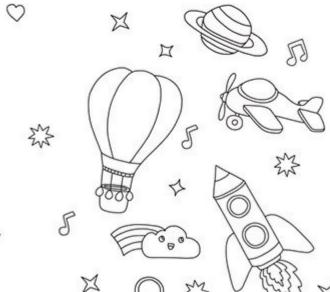


SPACE STATION ODYSSEY

INCURSION - SCIENCE DISCOVERY DOME

Enter a magical world in the discovery dome and explore the night sky, stars, planets and major constellations





Friday 24 January

AUSTRALIA DAY

IN-SERVICE

Learn about the land we live on today as we adventure around Australia!



Wedge Park Prima-



Junior Adventures Groupntinues to pioneer the OSHC sector, building stronger communities and brighter futures for more than 70,000 children, 50,000 families and more than 450 schools across Australia.



Our Values

- Considerate Be there for others
- Courageous Challenge ourselves

Passionate -

Courageous - Challenge ourselves

The values we share guide our behaviour as we work towards our build brighter futures together.

What we offer

- A healthy, safe, respectful and engaging environment
- Caring, enthusiastic, fun and friendly team
- New and popular excursions, incursions and theme days
- Stimulating experiences tailored to children's interests, abilities and current trends
- OSHClub endeavour to link each fun experience to key learning outcomes



We are a child safe organisation



What Does My Child Bring?

Please bring breakfast, morning tea, lunch, afternoon tea and a refillable drink bottle. If bringing food please make sure it's nutritious and doesn't require heating or cooking.

Please be mindful of the planned incursion/excursion and ensure your children are dressed appropriately. Don't forget your sun smart hat, comfortable clothes, closed shoes and a drink bottle.

To avoid loss or disappointment, please leave your valuables, money and electronic toys (including tablets and smartphones) at home.